ICHOM
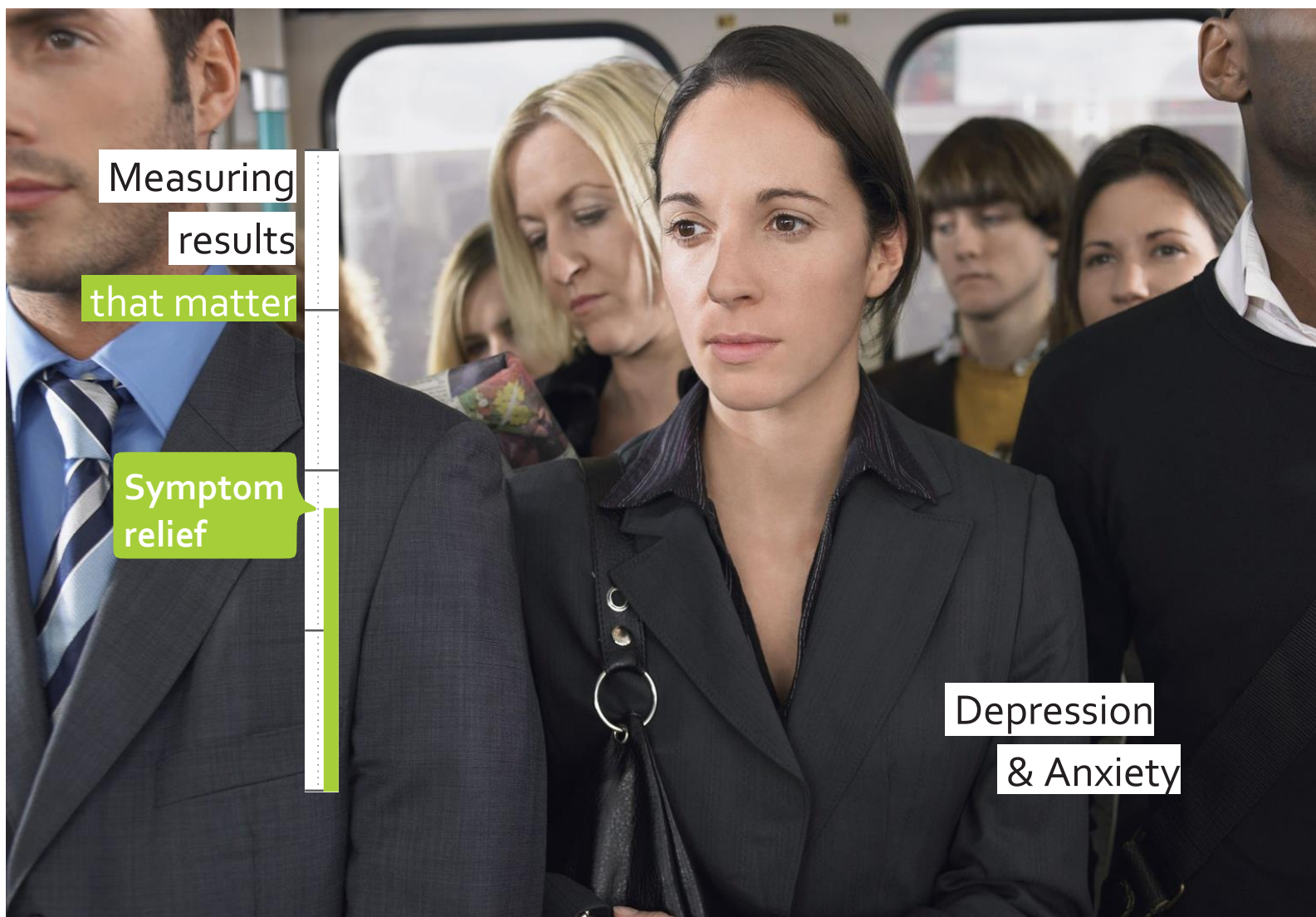
International Consortium for Health Outcomes Measurement

DEPRESSION & ANXIETY
DATA COLLECTION REFERENCE GUIDE

Version 4.0.0
Revised: January 24th, 2022

Measuring results that matter

Symptom relief

Depression & Anxiety

ICHOM

DEPRESSION & ANXIETY

We are thrilled that you are interested in measuring outcomes for your depression and anxiety patients. It is our hope that this Reference Guide will facilitate the process of implementing this Set of Patient-Centered Outcome Measures and ensure collection of comparable data for global benchmarking and learning.

Introducing ICHOM and the Reference Guide

ICHOM brings together patient representatives, clinician leaders, and registry leaders from all over the world to develop Sets of Patient-Centered Outcome Measures, which are comprehensive yet parsimonious Sets of outcomes and case-mix variables we recommend all providers to track.

Each Set focuses on patient-centered results and provides an internationally agreed upon method for measuring each of these outcomes. We do this because we believe that standardized outcomes measurement will open up new possibilities to compare performance globally, allow clinicians to learn from each other, and rapidly improve the care we provide our patients.

Our Sets include initial conditions and risk factors to enable meaningful case-mix adjustment globally, ensuring that comparisons of outcomes will take into account the differences in patient populations across not just providers, but also countries and regions. A comprehensive data dictionary, as well as scoring guides for patient-reported outcomes, is included in the appendix.

Our aim is to make these Sets freely accessible to healthcare institutions worldwide to begin measuring, and ultimately benchmark the outcomes they achieve. In order to have a guide from which we can benchmark outcomes, we require feedback from initial implementation efforts. As such, this Reference Guide may undergo revisions on a regular basis. If you have any suggestions or would like to provide feedback, please contact info@ichom.org

Working Group Members for Depression & Anxiety

The following individuals dedicated both time and expertise to develop the ICHOM Set for Depression & Anxiety in partnership with ICHOM, under the leadership of Dr. Matthias Rose, Professor of Psychosomatic Medicine at the Charité University in Berlin.

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Harold A. Pincus
Cathy Sherbourne

Supporting Organizations

The Depression & Anxiety Set is made possible only through the support of the following organizations.

Thank you.

Conditions and Treatment Approaches Covered for Depression & Anxiety

For Depression & Anxiety, the following conditions and treatment approaches (or interventions) are covered by our Set.

Conditions	**Depression**: Major Depressive Disorder | Dysthymia | Depressive Adaptive/Adjustment Disorder | Depressive Disorder - NOS **Anxiety:** Generalized Anxiety Disorder | Phobic Disorder | Agoraphobia | Post-Traumatic Stress Disorder | Panic Disorder | Obsessive-Compulsive Disorder
Treatment approaches	Psychopharmacotherapy | Psychotherapy | Lifestyle Interventions | Self-Guided Help | Other Forms of Therapy

ICHOM Set of Patient-Centered Outcome Measures for Depression & Anxiety

Case-Mix Variables

Patient Population	Measure	Timing	Data Source
Demographic Factors			
All patients	Year of Birth	Baseline	Clinical
	Sex		
	Educational level	Baseline; Annually	Patient-reported
	Living arrangements		
	Work status		
	Social support/Network		
Health Status			
All patients	Patient's outcome expectancy	Baseline	Patient-reported
	Comorbidities	Baseline; Annually	
	Duration of symptoms	Baseline	
	Prior episodes of depression		
Prior Treatment			
All patients	Prior treatment	Baseline; Annually	
	Adherence of medication	Baseline; Ongoing; Annually	Patient-reported

Treatment Variables

Patient Population	Measure	Timing	Data Source
All patients	Ongoing treatment	Ongoing	Patient-reported

Outcomes

Patient Population	Measure	Timing	Data Source
Symptom Burden			
All patients	Symptoms of depression	Baseline; Ongoing; Annually	Patient-Reported
	Symptoms of general anxiety		
Functioning			
All patients	Physical functioning	Baseline; Annually	
	Work functioning		
	Social functioning		Patient-reported
All patients	Time to recovery	Annually	
	Overall success of treatment		
	Recurrence of depression		
Other			
All patients	Medication side-effects	Baseline; Ongoing; Annually	Patient-reported

Optional variables for patients with specific anxiety disorders
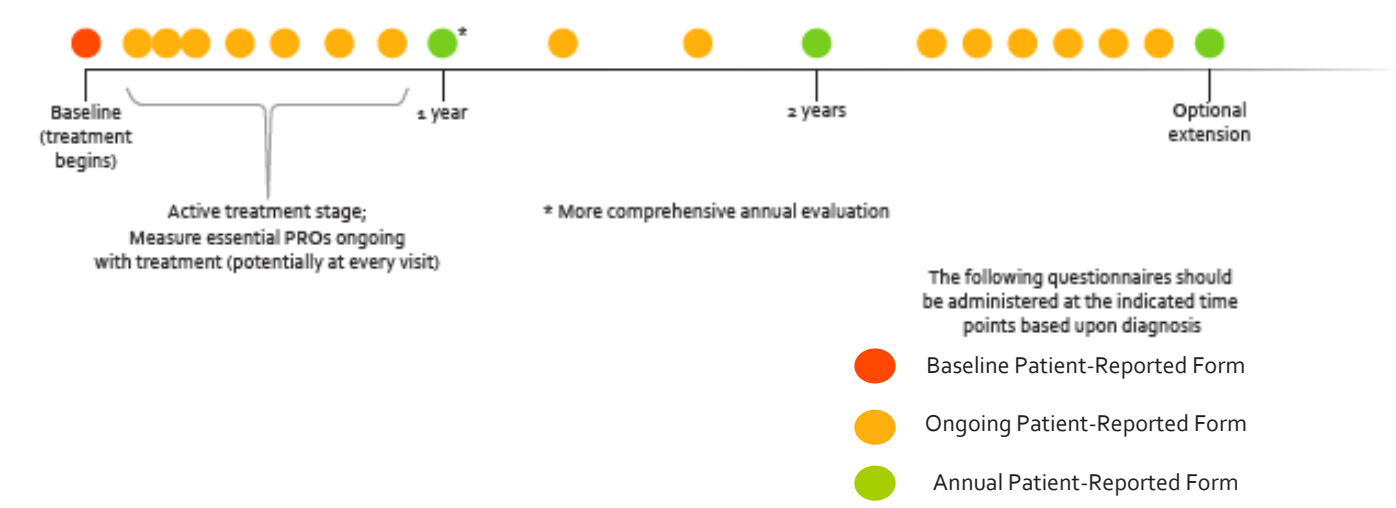
Note: Clinics may wish to compliment the Set of Patient-Centered Outcome Measures with additional questionnaires for those patients with specific anxiety disorders. We include here a list of examples as employed successfully in the Improving Access to Psychological Therapy (IAPT) program in the UK.

Symptom Burden				
Patients with social phobia	Symptoms of social phobia	Tracked via SPIN		
Patient with agoraphobia	Symptoms of agoraphobia	Tracked via MIA		
Patients with PTSD	Symptoms of post-traumatic stress disorder	Tracked via IESR	Baseline; Ongoing; Annually	Patient-reported
Patients with panic disorder	Symptoms of panic disorder	Tracked vis PDSS-SR		
Patients with OCD	Symptoms of obsessive-compulsive disorder	Tracked via OCI-R		

PHQ--9: Patient Health Questionnaire--9; GAD--7: Generalized Anxiety Disorder--7; SPIN: Social Phobia Inventory; MI: Mobility Inventory for Agoraphobia; IES--R: Impact of Event Scale – Revised for Post--traumatic Stress Disorder; PDSS--SR: Panic Disorder Severity Scale; OCI--R: Obsessive--Compulsive Inventory; WHODAS 2.0: World Health Organization Disability Assessment Schedule 2.0

Follow-Up Timeline

The following timeline illustrates when the Set variables should be collected from patients. Links to the sample questionnaires may be found in the legend below.

Baseline
(treatment
begins)

1 year

2 years

Optional
extension

Active treatment stage;
Measure essential PROs ongoing
with treatment (potentially at every visit)

* More comprehensive annual evaluation

The following questionnaires should
be administered at the indicated time
points based upon diagnosis

● Baseline Patient-Reported Form

● Ongoing Patient-Reported Form

● Annual Patient-Reported Form

Collecting Case-Mix Variables and Outcomes

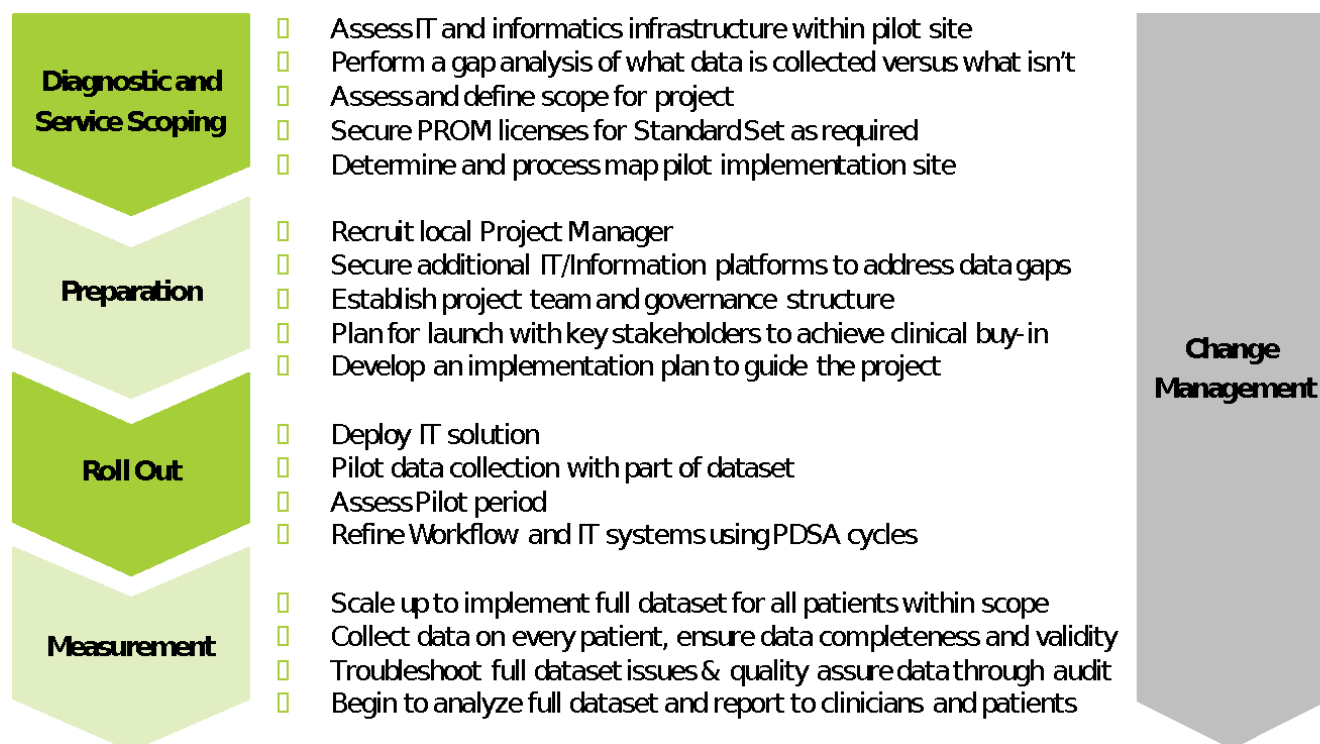| Survey(s) Used	Licensing Information	Scoring Guide
Patient Health Questionnaire (PHQ-9)	The surveys are free to use, and licenses are not needed.	
Generalized Anxiety Disorder (GAD-7)	They may be found at: https://www.phqscreeners.com/	
World Health Organization Disability Assessment Schedule 2.0 (WHODAS 2.0)-12-item Instrument	A license is needed to use WHODAS 2.0 in systems for data capturing or electronic records. The request form is available at: https://www.who.int/about/who-we-are/publishing-policies/permissions	To facilitate the scoring of these surveys, scoring instructions are provided in the Appendix beginning on **page 9**.
Medical Outcomes Study: Social Support Survey (MOS-SSS)	The MOS-SSS instrument is free to use, and a license is not needed. It may be found at: https://www.rand.org/health-care/surveys_tools/mos/social-support/survey-instrument.html	
Modified Self-Administered Comorbidity Questionnaire (SCQ)	The SCQ is not copyrighted and a license is not needed. It may be found at: Sangha et al (2003) The self-administered comorbidity questionnaire: A new method to assess comorbidity for clinical and health services research. Arthritis Care & Research 49(2): 156-163	See left
Social Phobia Inventory (SPIN)	A license is needed to use the SPIN. Please contact the copyright holder at mail@cd-risc.com	
Mobility Inventory for Agoraphobia (MIA)	Licensing information to be determined. Please contact the corresponding author at: dchamb@psych.upenn.edu (Dianne Chambless, PhD). It may be found at https://www.sciencedirect.com/science/article/abs/pii/0005796785901408	To facilitate the scoring of these surveys, scoring instructions are provided in the Appendix beginning on **page 9**.
Impact of Event Scale- Revise for Post-traumatic Stress Disorder (IES-R)	The instrument is copyrighted by the authors. Please contact the corresponding author at: Daniel.Weiss@ucsf.edu (Daniel Weiss, PhD)	
Panic Disorder Severity Scale (PDSS-SR)	Permission is needed to use the PDSS-SR. Please contact the corresponding	

	author and copyright holder at: ks2394@columbia.edu (Katherine Shear, MD)
Obsessive-Compulsive Inventory (OCI-R)	Licensing information to be determined. Please contact the corresponding author at: foa@mail.med.upenn.edu (Edna Foa, PhD). It may be found at https://psycnet.apa.org/record/1998-10845-002

The Growing ICHOM Community

There is a growing community of healthcare providers implementing the Set. To support your organization in implementing the set and the measurement of outcomes data, we have outlined a framework to guide the implementation and reporting of patient-centered outcomes. All materials can be downloaded for free from ICHOM Connect, for further information or to enquire about implementation support offered by ICHOM Partners, please contact us: info@ichom.org.

Implementation framework:

The framework below, outlines the structured process to guide the implementation of an ICHOM Set at your organization. Typically, an implementation project takes 9 months to complete.

Diagnostic and Service Scoping
- Assess IT and informatics infrastructure within pilot site
- Perform a gap analysis of what data is collected versus what isn't
- Assess and define scope for project
- Secure PROM licenses for Standard Set as required
- Determine and process map pilot implementation site

Preparation
- Recruit local Project Manager
- Secure additional IT/Information platforms to address data gaps
- Establish project team and governance structure
- Plan for launch with key stakeholders to achieve clinical buy-in
- Develop an implementation plan to guide the project

Roll Out
- Deploy IT solution
- Pilot data collection with part of dataset
- Assess Pilot period
- Refine Workflow and IT systems using PDSA cycles

Measurement
- Scale up to implement full dataset for all patients within scope
- Collect data on every patient, ensure data completeness and validity
- Troubleshoot full dataset issues & quality assure data through audit
- Begin to analyze full dataset and report to clinicians and patients

Change Management

Implementation Study:

We are keen to find out if you have implemented or are implementing our Set. Please fill in this survey: bit.ly/InitialImp or contact info@ichom.org for more information.

Translating the Set Tools:

PROMs within the ICHOM Sets are available in a number of languages. To check the availability of translations, we advise contacting the Tool authors directly to obtain and translate the PROM surveys into your desired language. To independently translate PROM surveys, if permitted by its license, we recommend following the 10 steps outlined below:*[1]

Step 1	Preparation	Initial work carried out before the translation work begins
Step 2	Forward Translation	Translation of the original language, also called source, version of the instrument into another language, often called the target language
Step 3	Reconciliation	Comparing and merging more than one forward translation into a single forward translation
Step 4	Back Translation	Translation of the new language version back into the original language
Step 5	Back Translation Review	Comparison of the back-translated versions of the instrument with the original to highlight and investigate discrepancies between the original and the reconciled translation, which is then revised in the process of resolving the issues
Step 6	Harmonization	Comparison of back translations of multiple language versions with each other and the original instrument to highlight discrepancies between the original and its derivative translations, as well as to achieve a consistent approach to translation problems
Step 7	Cognitive Debriefing	Testing the instrument on a small group of relevant patients or lay people in order to test alternative wording and to check understandability, interpretation, and cultural relevance of the translation
Step 8	Review of Cognitive Debriefing Results and Finalization	Comparison of the patients' or lay persons' interpretation of the translation with the original version to highlight and amend discrepancies
Step 9	Proofreading	Final review of the translation to highlight and correct any typographic, grammatical or other errors
Step 10	Final Report	Report written at the end of the process documenting the development of each translation

*These ten steps follow the ISPOR Principles of Good Practice: The Cross-Cultural Adaptation Process for Patient-Reported Outcome Measures [1] Wild, D., Grove, A., Martin, M., Eremenco, S., McElroy, S., Verjee-Lorenz, A., et al. (2005). Principles of good practice for the translation and cultural adaptation process for patient-reported outcomes (PRO) measures: Report of the ISPOR task force for translation and cultural adaptation. Value in Health, 8(2), 94–104. doi:10.1111/j.1524-4733.2005.04054.x.

Appendix

Scoring Instructions for the Patient Health Questionnaire (PHQ-9)

Scoring: 0-3 Scale for each item; 0 Not at all; 3 Nearly every day

The nine item version of the Patient Health Questionnaire (PHQ-9) was designed to facilitate the recognition and diagnosis of depression in primary care patients. It can be used to monitor change in symptoms over time and provides a depression severity index score as follows:

0–4	None
5–9	Mild
10 – 14	Moderate
15 – 19	Moderately Severe
20 – 27	Severe

The recommended cut-off for the PHQ-9 severity index is a score of 9. Anyone who scores 10 or above can be considered to be suffering from clinically significant symptoms of depression. This is referred to as meeting "caseness".

Scoring Instructions for the Generalized Anxiety Disorder (GAD-7)

Scoring: 0-3 Scale for each item; 0 Not at all; 3 Nearly every day

Though designed primarily as a screening and severity measure for generalized anxiety disorder, the GAD7 also has moderately good operating characteristics for three other common anxiety disorders – panic disorder, social anxiety disorder, and post-traumatic stress disorder. The index scores are as follows:

0–4	None
5–10	Mild Anxiety
11 – 15	Moderate Anxiety
15 – 21	Severe Anxiety

The recommended cut off for the GAD-7 severity index is a score of 7. Anyone who scores 8 or above can be considered to be suffering from clinically significant anxiety symptoms.
In order to facilitate comparison of the PHQ-9 and the GAD-7 scores with those from the PROMIS and other similar surveys, we have provided score conversion tables on the following page.

Conversion Table for the Patient Health Questionnaire (PHQ-9)

Raw score to T Score Conversion Table (IRT Fixed-Parameter Calibration Linking) for PHQ-9 to PROMIS Depression

PHQ-9 Score	PROMIS Depression T Score	SE	PHQ-9 Score	PROMIS Depression T Score	SE
0	37.4	6.4	14	64.7	3.2
1	42.7	5.3	15	65.8	3.2
2	45.9	4.8	16	66.9	3.2
3	48.3	4.7	17	68.0	3.1
4	50.5	4.3	18	69.2	3.2
5	52.5	4.0	19	70.3	3.2
6	54.2	3.8	20	71.5	3.2
7	55.8	3.7	21	72.7	3.3
8	57.2	3.6	22	74.0	3.4
9	58.6	3.5	23	75.3	3.5
10	59.9	3.4	24	76.7	3.6
11	61.1	3.3	25	78.3	3.7
12	62.3	3.3	26	80.0	3.8
13	63.5	3.2	27	82.3	3.8

IRT: item response theory; PROMIS Depression: Depression subscale of the Patient-Reported Outcomes Measurement Information System

Scoring Instructions for the Generalized Anxiety Disorder (GAD-7)

Raw score to T Score Conversion Table (IRT Fixed-Parameter Calibration Linking) for GAD-7 to PROMIS Anxiety

GAD-7 Score	PROMIS Depression T Score	SE	GAD-7 Score	PROMIS Depression T Score	SE
0	38.5	6.1	11	63.7	3.2
1	44.5	4.6	12	65.0	3.1
2	47.9	4.0	13	66.4	3.1
3	50.4	3.7	14	67.7	3.1
4	52.6	3.5	15	69.0	3.1
5	54.6	3.4	16	70.4	3.2
6	56.3	3.3	17	71.9	3.3
7	57.9	3.3	18	73.5	3.4
8	59.4	3.3	19	75.3	3.6
9	60.9	3.2	20	77.2	3.7
10	62.3	3.2	21	80.1	4.1

Scoring Instructions for the Social Phobia Inventory (SPIN)

The Social Phobia Inventory (SPIN) has 17 items and a cut-off score of 19 or above. It is recommended where the provisional diagnosis is Social Phobia.

Scoring: 0-4 Scale for each item; 0 Not at all; 4 Extremely

For each item, patients select a number to indicate how bothered they have been by the item during the past week. The total score provides a measure of the severity of social phobia.

Scoring Instructions for the Mobility Inventory for Agoraphobia (MI)

The Mobility Inventory for Agoraphobia (MI) has 27 items. It is recommended where the provisional diagnosis is Agoraphobia.

Scoring: 1-5 item scale: 1 Never avoid, 2 Rarely avoid, 3 Avoid about half the time, 4 Avoid most of the time, 5 Always avoid.

Patients select numbers to indicate the degree to which they would avoid particular places or situations because of discomfort or anxiety. The total score provides a measure of the severity of agoraphobia. Each situation is rated twice to reflect the degree that the situation is avoided by the agoraphobic participant when he or she is alone, and when he or she is accompanied. Participants may skip items that are irrelevant to their lifestyles; however, Chambless et al. (1985) recommend that the scale be considered invalid for individuals who skip more than five items (20%). The MI is scored by calculating the average avoidance rating across all situations for the 'When alone' and 'When accompanied' scales. For the measure related to 'When alone' a cut-off score above an item average of 2.3 should be applied.

Scoring Instructions for the Impact of Events Scale - Revised for Post-traumatic Stress Disorder (IES-R)

The Impact of Events Scale Revised (IES-R) has 22 items and a cut-off score of 33 or above. It is recommended where the provisional diagnosis is Post Traumatic Stress Disorder (PTSD).

Scoring: 0-4 Scale for each item; 0 Not at all; 4 Extremely

Patients select numbers from 0 (not at all) to 4 (extremely) to indicate how frequently particular comments have been true during the past seven days. The total score, which ranges from 0 to 88, provides a measure of the severity of PTSD. When some items are missing, clinicians should calculate the mean of the items that have been endorsed and then multiply it by 22 to arrive at the total score (pro-rating).

As well as providing a total score, the IES-R also contains sub-scales for avoidance, intrusions and hyperarousal. The item numbers for each sub-scale are as follows:

Avoidance Subscale: Items 5, 7, 8, 11, 12, 13, 17, 22.

Intrusions Subscale: Items 1, 2, 3, 6, 9, 14, 16, 20.

Hyperarousal Subscale: Items 4, 10, 15, 18, 19, 21.

The total score is part of the IAPT minimum dataset and is included in the IAPT Data Standard however the sub-scales are not included. Some clinicians may find the sub-scales useful for identifying particular clinical targets and for tracking patterns of change. As the sub-scales vary in the total number of items, it is recommended that individuals who wish to use them in this way should use the mean of non-missing items when calculating sub-scale scores.

Scoring Instructions for the Panic Disorder Severity Scale (PDSS-SR)

The Panic Disorder Severity Scale (PDSS-SR) has 7 items and a cut-off score of 8.

Scoring: 0-4 Scale for each item; Response unique to each question

The PDSS is a simple, reliable instrument for use in Panic Disorder studies. A cut-score of 8 may be useful as a tool to screen patients in settings such as primary care, for diagnosis-level symptoms (Shear, M. K., P. Rucci, et al. (2001)).

	Normal	Borderline	Slightly Ill	Moderately Ill	Markedly Ill
Without agoraphobia	0-1	2-5	6-9	10-13	> or = 14
With agoraphobia	0-2	3-7	8-10	11-15	> or = 16

Scoring Instructions for the Obsessive-Compulsive Inventory (OCI-R)

The Obsessive Compulsive Inventory (OCI-R) has 42 Items and a cut-off score of 40 and above. It is recommended where the provisional diagnosis is Obsessive Compulsive Disorder.

Scoring: 0-4 Item Scale; 0=Not at all; 4=Extremely

This measure provides an obsessive compulsive disorder severity score from ratings of the extent to which particular experiences have distressed or bothered the patient in the last month.

Scoring Instructions for the World Health Organization Disability Assessment Schedule 2.0 (WHODAS 2.0)

Scoring: 0-4 Item Scale; 0=None; 4=Extreme or cannot do

The scores assigned to each of the items – "none" (0), "mild" (1) "moderate" (2), "severe" (3) and "extreme" (4) – are summed. This summed score is divided by 48 and multiplied by 100 in order to give a final percentage. Functioning level ranges from 0% (full function) to 100% (no function).

Scoring Templates may be downloaded here: http://www.who.int/classifications/icf/whodasii/en/

Introduction to the Data Dictionary

This data dictionary is designed to help you measure the ICHOM Depression & Anxiety Set as consistently as possible to the Working Group recommendation. ICHOM is actively preparing for benchmarking efforts based on this data, and all data submitted for comparisons will need to be transformed into the following data structure if not already structured as such. **For technical use an Excel version of this data dictionary is also available for download on ICHOM Connect. Excel data dictionary is the most up-to-date version and it is the recommended document to plan data collection.**

Please timestamp all variables. Some Set variables are collected at multiple timepoints, and we will ask you to submit these variables in a concatenated VARIABLEID_TIMESTAMP form for future analyses. For example, VARIABLEID_BASE (baseline); VARIABLEID_6MO (6-month follow-up); VARIABLEID_1YR (1-year follow-up), etc.

Case-Mix Variables

Variable ID:	N/A
Variable:	Patient ID
Definition:	Indicate the patient's medical record number
Supporting Definition:	This number will not be shared with ICHOM. In the case patient-level data is submitted to ICHOM for benchmarking or research purposes, a separate ICHOM Patient Identifier will be created and cross-linking between the ICHOM Patient Identifier and the medical record number will only be known at the treating institution
Displayed Value:	None
Inclusion Criteria:	All patients
Timing:	On all forms
Data Source:	Clinical
Type:	Numerical
Value Domain:	None
Response Options:	According to institution

Demographic Factors

Variable ID:	YearOfBirth
Variable:	Year of Birth
Definition:	Year of birth
Supporting Definition:	None
Displayed Value:	In what year were you born?
Inclusion Criteria:	All patients
Timing:	Baseline
Data Source:	Clinical
Type:	Date by DD/MM/YYYY
Value Domain:	date
Response Options:	YYYY
Variable ID:	Sex
Variable:	Sex
Definition:	The patient's sex at birth

Supporting Definition:	For statistical purposes, the following category codes, labels and definitions are preferred: CODE 1 Male: Persons who have male or predominantly masculine biological characteristics, or male sex assigned at birth. CODE 2 Female: Persons who have female or predominantly feminine biological characteristics, or female sex assigned at birth. CODE 3 Other: Persons who have mixed or non-binary biological characteristics (if known), or a non-binary sex assigned at birth The value meaning of 'Other' has been assigned to Code 3 for this value domain, which replaces 'Intersex or indeterminate' for the superseded value domain Sex code N. Terms such as 'indeterminate,' 'intersex', 'non-binary', and 'unspecified' are variously used to describe the 'Other' category of sex. The label 'Other' is used because a more descriptive term has not been widely agreed within the general community. Sex refers to the chromosomal, gonadal and anatomical characteristics associated with biological sex. Where there is an inconsistency between anatomical and chromosomal characteristics, sex is based on anatomical characteristics.
Displayed Value:	Please indicate your sex at birth.
Inclusion Criteria:	All patients
Timing:	Baseline
Data Source:	Clinical
Type:	Single answer
Value Domain:	code
Response Options:	1 = Male 2 = Female 3 = Other 999 = Undisclosed
Variable ID:	EducationLevel
Variable:	Level of education
Definition:	Highest level of education completed based on local standard definitions of education levels
Supporting Definition:	This measure may vary based on local standards for education levels so please consult the International Standard Classification to select what level most closely relates to your education experience. Please follow this link here: http://uis.unesco.org/sites/default/files/documents/international-standard-classification-of-education-isced-2011-en.pdf
Displayed Value:	Please indicate your highest level of schooling.
Inclusion Criteria:	All patients
Timing:	Baseline
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0= None 1= Primary 2= Secondary 3= Tertiary
Variable ID:	LivingArrangements
Variable:	Living arrangements
Definition:	The living arrangements of the person
Supporting Definition:	None
Displayed Value:	None
Inclusion Criteria:	All patients

Timing:	Baseline
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Lives alone
	1 = Lives with others
	2 = Lives in supported home (i.e. assisted living, congregate care, skilled nursing
	home, etc.)
	3 = Homeless
Variable ID:	WORK
Variable:	Work status
Definition:	What is your work status?
Supporting Definition:	None
Displayed Value:	None
Inclusion Criteria:	All patients
Timing:	Baseline
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Unemployed
	1 = Part-time employment
	2 = Full-time employment
	3 = Retired
Variable ID:	MOSSSS_Q01
Variable:	Question 1 of MOSSSS
Definition:	People sometimes look to others for companionship, assistance, or other types of support. How often is each of the following kinds of support available to you if you need it? Circle one number on each line: Emotional/informational support: Someone to share your most private worries and fears with
Supporting Definition:	None
Displayed Value:	None
Inclusion Criteria:	All patients
Timing:	Baseline
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	1 = None of the time
	2 = A little of the time
	3 = Some of the time
	4 = Most of the time
	5 = All of the time
Variable ID:	MOSSSS_Q02
Variable:	Question 2 of MOSSSS
Definition:	Someone to turn to for suggestions about how to deal with a personal problem
Supporting Definition:	None
Displayed Value:	None
Inclusion Criteria:	All patients

Timing:	Baseline
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	1 = None of the time
	2 = A little of the time
	3 = Some of the time
	4 = Most of the time
	5 = All of the time
Variable ID:	MOSSSS_Q03
Variable:	Question 3 of MOSSSS
Definition:	Someone to love and make you feel wanted
Supporting Definition:	None
Displayed Value:	None
Inclusion Criteria:	All patients
Timing:	Baseline
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	1 = None of the time
	2 = A little of the time
	3 = Some of the time
	4 = Most of the time
	5 = All of the time
Variable ID:	MOSSSS_Q04
Variable:	Question 4 of MOSSSS
Definition:	Someone to do something enjoyable with
Supporting Definition:	None
Displayed Value:	None
Inclusion Criteria:	All patients
Timing:	Baseline
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	1 = None of the time
	2 = A little of the time
	3 = Some of the time
	4 = Most of the time
	5 = All of the time

Health Status

Variable ID:	OUTEXPEC
Variable:	Patient's outcome expectancy
Definition:	How successful do you think your current therapy will be in reducing your symptoms?
Supporting Definition:	None
Displayed Value:	None
Inclusion Criteria:	All patients

Timing:	Baseline
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all successful
	1 = Somewhat successful
	2 = Moderately successful
	3 = Very successful
Variable ID:	COMORB_DEPRANX
Variable:	Depression and Anxiety Comorbidities
Definition:	Have you been told by a doctor that you have any of the following?
Supporting Definition:	None
Displayed Value:	None
Inclusion Criteria:	All patients
Timing:	Baseline
	Annually
Data Source:	Patient-reported
Type:	Multiple answer
	Separate multiple entries with ";"
Value Domain:	Code
Response Options:	0 = I have no other diseases
	1 = Disease of the nervous system (For example Parkinson's disease or Multiple Sclerosis)
	2 = Substance abuse (For example alcohol or drugs)
	3 = Somatoform disorder (unexplained medical symptoms)
	4 = Personality disorder
	5 = Chronic pain disorder
	6 = Schizophrenic disorder
Variable ID:	ComorbiditiesSACQ
Variable:	SACQ Comorbidities
Definition:	Indicate whether the patient has a documented history of any of the following comorbidities
Supporting Definition:	Based upon the Self-administered Comorbidity Questionnaire (Sangha et al, 2003). Phrased as a patient-reported measure, but information can be abstracted by other means if patient is unable to answer.
Displayed Value:	Have you been told by a doctor that you have any of the following?
Inclusion Criteria:	All patients
Timing:	Baseline
Data Source:	Patient-reported
Type:	Multiple answer Separate multiple entries with ";"
Value Domain:	Code
Response Options:	0 = I have no other diseases
	1 = Heart disease (For example, angina, heart attack, or heart failure)
	2 = High blood pressure
	3 = Lung disease (For example, asthma, chronic bronchitis, or emphysema)
	4 = Diabetes
	5 = Ulcer or stomach disease
	6 = Kidney disease
	7 = Liver disease
	8 = Anemia or other blood disease
	9 = Cancer/Other cancer (within the last 5 years)

	10 = Depression
	11 = Osteoarthritis, degenerative arthritis
	12 = Back pain
	13= Rheumatoid arthritis
	14= Other medical problems
Variable ID:	ComorbiditiesSACQ_HeartDiseaseFU1
Variable:	SACQ comorbidities: Heart Disease: Follow-Up Question 1
Definition:	Please indicate if the patient receives treatment for Heart disease (For example, angina, heart attack, or heart failure)
Supporting Definition:	Based upon the Self-administered Comorbidity Questionnaire (Sangha et al, 2003). Phrased as a patient-reported measure, but information can be abstracted by other means if patient is unable to answer.
Displayed Value:	Do you receive treatment for heart disease (For example, angina, heart failure, or heart attack)?
Inclusion Criteria:	If answered 1= Heart disease to ComorbiditiesSACQ
Timing:	Baseline
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0= No 1= Yes
Variable ID:	ComorbiditiesSACQ_HeartDiseaseFU2
Variable:	SACQ comorbidities: Heart Disease: Follow-Up Question 2
Definition:	Please indicate if the patient's heart disease limits their function
Supporting Definition:	Based upon the Self-administered Comorbidity Questionnaire (Sangha et al, 2003). Phrased as a patient-reported measure, but information can be abstracted by other means if patient is unable to answer.
Displayed Value:	Does your heart disease limit your activities?
Inclusion Criteria:	If answered 1= Heart disease to ComorbiditiesSACQ
Timing:	Baseline
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0= No 1= Yes
Variable ID:	ComorbiditiesSACQ_HighBloodPressureFU1
Variable:	SACQ comorbidities: High Blood Pressure: Follow-Up Question 1
Definition:	Please indicate if the patient receives treatment for high blood pressure
Supporting Definition:	Based upon the Self-administered Comorbidity Questionnaire (Sangha et al, 2003). Phrased as a patient-reported measure, but information can be abstracted by other means if patient is unable to answer.
Displayed Value:	Do you receive treatment for high blood pressure?
Inclusion Criteria:	If answered 2= High blood pressure to ComorbiditiesSACQ
Timing:	Baseline
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0= No 1= Yes
Variable ID:	ComorbiditiesSACQ_HighBloodPressureFU2
Variable:	SACQ comorbidities: High Blood Pressure: Follow-Up Question 2
Definition:	Please indicate if the patient's high blood pressure limits their function

Supporting Definition:	Based upon the Self-administered Comorbidity Questionnaire (Sangha et al, 2003). Phrased as a patient-reported measure, but information can be abstracted by other means if patient is unable to answer.
Displayed Value:	Does your high blood pressure limit your activities?
Inclusion Criteria:	If answered 2= High blood pressure to ComorbiditiesSACQ
Timing:	Baseline
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0= No 1= Yes
Variable ID:	ComorbiditiesSACQ_LungDiseaseFU1
Variable:	SACQ comorbidities: Lung Disease: Follow-Up Question 1
Definition:	Please indicate if the patient receives treatment for lung disease
Supporting Definition:	Based upon the Self-administered Comorbidity Questionnaire (Sangha et al, 2003). Phrased as a patient-reported measure, but information can be abstracted by other means if patient is unable to answer.
Displayed Value:	Do you receive treatment for lung disease?
Inclusion Criteria:	If answered 3= Lung disease to ComorbiditiesSACQ
Timing:	Baseline
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0= No 1= Yes
Variable ID:	ComorbiditiesSACQ_LungDiseaseFU2
Variable:	SACQ comorbidities: Lung Disease: Follow-Up Question 2
Definition:	Please indicate if the patient's lung disease limits their function
Supporting Definition:	Based upon the Self-administered Comorbidity Questionnaire (Sangha et al, 2003). Phrased as a patient-reported measure, but information can be abstracted by other means if patient is unable to answer.
Displayed Value:	Does your lung disease limit your activities?
Inclusion Criteria:	If answered 3= Lung disease to ComorbiditiesSACQ
Timing:	Baseline
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0= No 1= Yes
Variable ID:	ComorbiditiesSACQ_DiabetesFU1
Variable:	SACQ comorbidities: Diabetes: Follow-Up Question 1
Definition:	Please indicate if the patient receives treatment for diabetes
Supporting Definition:	Based upon the Self-administered Comorbidity Questionnaire (Sangha et al, 2003). Phrased as a patient-reported measure, but information can be abstracted by other means if patient is unable to answer.
Displayed Value:	Do you receive treatment for diabetes?
Inclusion Criteria:	If answered 4= Diabetes to ComorbiditiesSACQ
Timing:	Baseline
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0= No 1= Yes
Variable ID:	ComorbiditiesSACQ_DiabetesFU2
Variable:	SACQ comorbidities: Diabetes: Follow-Up Question 2

Definition:	Please indicate if the patient's diabetes limits their function
Supporting Definition:	Based upon the Self-administered Comorbidity Questionnaire (Sangha et al, 2003). Phrased as a patient-reported measure, but information can be abstracted by other means if patient is unable to answer.
Displayed Value:	Does your diabetes limit your activities?
Inclusion Criteria:	If answered 4= Diabetes to ComorbiditiesSACQ
Timing:	Baseline
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0= No 1= Yes
Variable ID:	ComorbiditiesSACQ_StomachDiseaseFU1
Variable:	SACQ comorbidities: Stomach Disease: Follow-Up Question 1
Definition:	Please indicate if the patient receives treatment for an ulcer or stomach disease
Supporting Definition:	Based upon the Self-administered Comorbidity Questionnaire (Sangha et al, 2003). Phrased as a patient-reported measure, but information can be abstracted by other means if patient is unable to answer.
Displayed Value:	Do you receive treatment for an ulcer or stomach disease?
Inclusion Criteria:	If answered 5= Ulcer or stomach disease to ComorbiditiesSACQ
Timing:	Baseline
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0= No 1= Yes
Variable ID:	ComorbiditiesSACQ_StomachDiseaseFU2
Variable:	SACQ comorbidities: Stomach Disease: Follow-Up Question 2
Definition:	Please indicate if the patient's ulcer or stomach disease limits their function
Supporting Definition:	Based upon the Self-administered Comorbidity Questionnaire (Sangha et al, 2003). Phrased as a patient-reported measure, but information can be abstracted by other means if patient is unable to answer.
Displayed Value:	Does your ulcer or stomach disease limit your activities?
Inclusion Criteria:	If answered 5= Ulcer or stomach disease to ComorbiditiesSACQ
Timing:	Baseline
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0= No 1= Yes
Variable ID:	ComorbiditiesSACQ_KidneyDiseaseFU1
Variable:	SACQ comorbidities: Kidney Disease: Follow-Up Question 1
Definition:	Please indicate if the patient receives treatment for kidney disease
Supporting Definition:	Based upon the Self-administered Comorbidity Questionnaire (Sangha et al, 2003). Phrased as a patient-reported measure, but information can be abstracted by other means if patient is unable to answer.
Displayed Value:	Do you receive treatment for kidney disease?
Inclusion Criteria:	If answered 6= Kidney disease to ComorbiditiesSACQ
Timing:	Baseline
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0= No 1= Yes
Variable ID:	ComorbiditiesSACQ_KidneyDiseaseFU2

Variable:	SACQ comorbidities: Kidney Disease: Follow-Up Question 2
Definition:	Please indicate if the patient's kidney disease limits their function
Supporting Definition:	Based upon the Self-administered Comorbidity Questionnaire (Sangha et al, 2003). Phrased as a patient-reported measure, but information can be abstracted by other means if patient is unable to answer.
Displayed Value:	Does your kidney disease limit your activities?
Inclusion Criteria:	If answered 6= Kidney disease to ComorbiditiesSACQ
Timing:	Baseline
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0= No 1= Yes
Variable ID:	ComorbiditiesSACQ_LiverDiseaseFU1
Variable:	SACQ comorbidities: Liver Disease: Follow-Up Question 1
Definition:	Please indicate if the patient receives treatment for liver disease
Supporting Definition:	Based upon the Self-administered Comorbidity Questionnaire (Sangha et al, 2003). Phrased as a patient-reported measure, but information can be abstracted by other means if patient is unable to answer.
Displayed Value:	Do you receive treatment for liver disease?
Inclusion Criteria:	If answered 7= Liver disease to ComorbiditiesSACQ
Timing:	Baseline
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0= No 1= Yes
Variable ID:	ComorbiditiesSACQ_LiverDiseaseFU2
Variable:	SACQ comorbidities: Liver Disease: Follow-Up Question 2
Definition:	Please indicate if the patient's liver disease limits their function
Supporting Definition:	Based upon the Self-administered Comorbidity Questionnaire (Sangha et al, 2003). Phrased as a patient-reported measure, but information can be abstracted by other means if patient is unable to answer.
Displayed Value:	Does your liver disease limit your activities?
Inclusion Criteria:	If answered 7= Liver disease to ComorbiditiesSACQ
Timing:	Baseline
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0= No 1= Yes
Variable ID:	ComorbiditiesSACQ_BloodDiseaseFU1
Variable:	SACQ comorbidities: Blood Disease: Follow-Up Question 1
Definition:	Please indicate if the patient receives treatment for anemia or other blood disease
Supporting Definition:	Based upon the Self-administered Comorbidity Questionnaire (Sangha et al, 2003). Phrased as a patient-reported measure, but information can be abstracted by other means if patient is unable to answer.
Displayed Value:	Do you receive treatment for anemia or other blood disease?
Inclusion Criteria:	If answered 8= Anemia or other blood disease to ComorbiditiesSACQ
Timing:	Baseline
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code

Response Options:	0= No 1= Yes
Variable ID:	ComorbiditiesSACQ_BloodDiseaseFU2
Variable:	SACQ comorbidities: Blood Disease: Follow-Up Question 2
Definition:	Please indicate if the patient's anemia or other blood disease limits their function
Supporting Definition:	Based upon the Self-administered Comorbidity Questionnaire (Sangha et al, 2003). Phrased as a patient-reported measure, but information can be abstracted by other means if patient is unable to answer.
Displayed Value:	Does your anemia or other blood disease limit your activities?
Inclusion Criteria:	If answered 8= Anemia or other blood disease to ComorbiditiesSACQ
Timing:	Baseline
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0= No 1= Yes
Variable ID:	ComorbiditiesSACQ_CancerFU1
Variable:	SACQ comorbidities: Cancer: Follow-Up Question 1
Definition:	Please indicate if the patient receives treatment for cancer/another cancer
Supporting Definition:	Based upon the Self-administered Comorbidity Questionnaire (Sangha et al, 2003). Phrased as a patient-reported measure, but information can be abstracted by other means if patient is unable to answer.
Displayed Value:	Do you receive treatment for cancer/another cancer?
Inclusion Criteria:	If answered 9= Cancer/Other cancer to ComorbiditiesSACQ
Timing:	Baseline
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0= No 1= Yes
Variable ID:	ComorbiditiesSACQ_CancerFU2
Variable:	SACQ comorbidities: Cancer: Follow-Up Question 2
Definition:	Please indicate if the patient's cancer/other cancer limits their function
Supporting Definition:	Based upon the Self-administered Comorbidity Questionnaire (Sangha et al, 2003). Phrased as a patient-reported measure, but information can be abstracted by other means if patient is unable to answer.
Displayed Value:	Does your cancer/other cancer limit your activities?
Inclusion Criteria:	If answered 9= Cancer/Other cancer to ComorbiditiesSACQ
Timing:	Baseline
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0= No 1= Yes
Variable ID:	ComorbiditiesSACQ_DepressionFU1
Variable:	SACQ comorbidities: Depression: Follow-Up Question 1
Definition:	Please indicate if the patient receives treatment for depression
Supporting Definition:	Based upon the Self-administered Comorbidity Questionnaire (Sangha et al, 2003). Phrased as a patient-reported measure, but information can be abstracted by other means if patient is unable to answer.
Displayed Value:	Do you receive treatment for depression?
Inclusion Criteria:	If answered 10= Depression to ComorbiditiesSACQ
Timing:	Baseline
Data Source:	Patient-reported
Type:	Single answer

Value Domain:	Code
Response Options:	0= No 1= Yes
Variable ID:	ComorbiditiesSACQ_DepressionFU2
Variable:	SACQ comorbidities: Depression: Follow-Up Question 2
Definition:	Please indicate if the patient's depression limits their function
Supporting Definition:	Based upon the Self-administered Comorbidity Questionnaire (Sangha et al, 2003). Phrased as a patient-reported measure, but information can be abstracted by other means if patient is unable to answer.
Displayed Value:	Does your depression limit your activities?
Inclusion Criteria:	If answered 10= Depression to ComorbiditiesSACQ
Timing:	Baseline
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0= No 1= Yes
Variable ID:	ComorbiditiesSACQ_OsteoarthritisFU1
Variable:	SACQ comorbidities: Osteoarthritis: Follow-Up Question 1
Definition:	Please indicate if the patient receives treatment for osteoarthritis/degenerative arthritis
Supporting Definition:	Based upon the Self-administered Comorbidity Questionnaire (Sangha et al, 2003). Phrased as a patient-reported measure, but information can be abstracted by other means if patient is unable to answer.
Displayed Value:	Do you receive treatment for osteoarthritis/degenerative arthritis?
Inclusion Criteria:	If answered 11= Osteoarthritis, degenerative arthritis to ComorbiditiesSACQ
Timing:	Baseline
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0= No 1= Yes
Variable ID:	ComorbiditiesSACQ_OsteoarthritisFU2
Variable:	SACQ comorbidities: Osteoarthritis: Follow-Up Question 2
Definition:	Please indicate if the patient's osteoarthritis/degenerative arthritis limits their function
Supporting Definition:	Based upon the Self-administered Comorbidity Questionnaire (Sangha et al, 2003). Phrased as a patient-reported measure, but information can be abstracted by other means if patient is unable to answer.
Displayed Value:	Does your osteoarthritis/degenerative arthritis limit your activities?
Inclusion Criteria:	If answered 11= Osteoarthritis, degenerative arthritis to ComorbiditiesSACQ
Timing:	Baseline
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0= No 1= Yes
Variable ID:	ComorbiditiesSACQ_BackPainFU1
Variable:	SACQ comorbidities: Back Pain: Follow-Up Question 1
Definition:	Please indicate if the patient receives treatment for back pain
Supporting Definition:	Based upon the Self-administered Comorbidity Questionnaire (Sangha et al, 2003). Phrased as a patient-reported measure, but information can be abstracted by other means if patient is unable to answer.
Displayed Value:	Do you receive treatment for back pain?
Inclusion Criteria:	If answered 12= Back pain to ComorbiditiesSACQ

Timing:	Baseline
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0= No 1= Yes
Variable ID:	ComorbiditiesSACQ_BackPainFU2
Variable:	SACQ comorbidities: Back Pain: Follow-Up Question 2
Definition:	Please indicate if the patient's back pain limits their function
Supporting Definition:	Based upon the Self-administered Comorbidity Questionnaire (Sangha et al, 2003). Phrased as a patient-reported measure, but information can be abstracted by other means if patient is unable to answer.
Displayed Value:	Does your back pain limit your activities?
Inclusion Criteria:	If answered 12= Back pain to ComorbiditiesSACQ
Timing:	Baseline
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0= No 1= Yes
Variable ID:	ComorbiditiesSACQ_RheumatoidArthritisFU1
Variable:	SACQ comorbidities: Rheumatoid Arthritis: Follow-Up Question 1
Definition:	Please indicate if the patient receives treatment for rheumatoid arthritis
Supporting Definition:	Based upon the Self-administered Comorbidity Questionnaire (Sangha et al, 2003). Phrased as a patient-reported measure, but information can be abstracted by other means if patient is unable to answer.
Displayed Value:	Do you receive treatment for rheumatoid arthritis?
Inclusion Criteria:	If answered 13= Rheumatoid arthritis to ComorbiditiesSACQ
Timing:	Baseline
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0= No 1= Yes
Variable ID:	ComorbiditiesSACQ_RheumatoidArthritisFU2
Variable:	SACQ comorbidities: Rheumatoid Arthritis: Follow-Up Question 2
Definition:	Please indicate if the patient's rheumatoid arthritis limits their function
Supporting Definition:	Based upon the Self-administered Comorbidity Questionnaire (Sangha et al, 2003). Phrased as a patient-reported measure, but information can be abstracted by other means if patient is unable to answer.
Displayed Value:	Does your rheumatoid arthritis limit your activities?
Inclusion Criteria:	If answered 13= Rheumatoid arthritis to ComorbiditiesSACQ
Timing:	Baseline
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0= No 1= Yes
Variable ID:	ComorbiditiesSACQ_Other
Variable:	SACQ comorbidities: Other Medical Problems
Definition:	Please indicate what other medical problems the patient is experiencing
Supporting Definition:	Based upon the Self-administered Comorbidity Questionnaire (Sangha et al, 2003). Phrased as a patient-reported measure, but information can be abstracted by other means if patient is unable to answer.
Displayed Value:	What other medical problems are you experiencing?

Inclusion Criteria:	If answered 14= Other medical problems to ComorbiditiesSACQ
Timing:	Baseline
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	String
Response Options:	None
Variable ID:	ComorbiditiesSACQ_Score
Variable:	Score of the SACQ comorbidities questionnaire
Definition:	Please indicate the summed score for all of the patient's comorbidities
Supporting Definition:	An individual can receive a max of 3 points for each medical condition: 1 point for the presence of the problem, another point if he/she receives treatment for it, and an additional point if the problem causes a limitation in function. The Max score a patient can receive is 45 points
Displayed Value:	What is the total summed score of the patient's SACQ responses?
Inclusion Criteria:	All patients
Timing:	Baseline
Data Source:	Clinical
Type:	Numerical value
Value Domain:	Quantity
Response Options:	Total summed score
Variable ID:	SYMPDUR
Variable:	Duration of symptoms
Definition:	How many months have you been experiencing [specific condition] symptoms?
Supporting Definition:	Specific conditions include: Depression Generalized anxiety disorder Social phobia Agoraphobia Post-traumatic stress disorder Panic disorder Obsessive-compulsive disorder
Displayed Value:	None
Inclusion Criteria:	All patients
Timing:	Baseline
Data Source:	Patient-reported
Type:	Numerical value
Value Domain:	Quantity
Response Options:	Numerical value of number of months
Variable ID:	PRIOREPI
Variable:	Prior episodes of depression
Definition:	Have you ever experienced similar episodes of depression?
Supporting Definition:	None
Displayed Value:	None
Inclusion Criteria:	All patients
Timing:	Baseline
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	1 = This is my first episode 2 = I had one similar episode before the current one

	3 = I had several similar episodes before the current one
	4 = My symptoms of depression do not occur in episodes

Prior Treatment

Variable ID:	TXMED
Variable:	Prior treatments: Medication
Definition:	During the last year, did you receive any of the following treatments for [specific condition]? Medication
Supporting Definition:	Specific conditions include: Depression Generalized anxiety disorder Social phobia Agoraphobia Post-traumatic stress disorder Panic disorder Obsessive-compulsive disorder
Displayed Value:	None
Inclusion Criteria:	All patients
Timing:	Baseline Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = No 1 = Yes, 1-3 months 2 = Yes, 3-6 months 3 = Yes, more than 6 months
Variable ID:	TXPSY
Variable:	Prior treatments: Psychotherapy
Definition:	Has the person been treated with psychotherapy in the past?
Supporting Definition:	None
Displayed Value:	None
Inclusion Criteria:	All patients
Timing:	Baseline Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = No 1 = Yes, 1-3 months 2 = Yes, 3-6 months 3 = Yes, more than 6 months
Variable ID:	TXOTHER
Variable:	Prior treatments: Other
Definition:	Other
Supporting Definition:	None
Displayed Value:	None
Inclusion Criteria:	All patients

Timing:	Baseline
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = No
	1 = Yes, 1-3 months
	2 = Yes, 3-6 months
	3 = Yes, more than 6 months
Variable ID:	MEDADHER
Variable:	Adherence to medication
Definition:	Did you take your medication as prescribed?
Supporting Definition:	None
Displayed Value:	None
Inclusion Criteria:	All patients
	If answered '1-3' on TXMED
Timing:	Baseline
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	code
Response Options:	0 = No
	1 = Mostly
	2 = Yes
Variable ID:	MEDADHERON_DEPRANX
Variable:	Adherence to medication
Definition:	Did you take your medication as prescribed <u>over the last two weeks</u>?
Supporting Definition:	None
Displayed Value:	None
Inclusion Criteria:	All patients
	If answered '1-3' on TXMED
Timing:	Ongoing
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = No
	1 = Mostly
	2 = Yes
Variable ID:	MEDADHERANN
Variable:	Adherence to medication
Definition:	Did you take your medication as prescribed <u>over the last year</u>?
Supporting Definition:	None
Displayed Value:	None
Inclusion Criteria:	All patients
	If answered '1-3' on TXMED
Timing:	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = No
	1 = Mostly
	2 = Yes

Treatment Variables

Variable ID:	TXMEDON
Variable:	Treatments: Medication
Definition:	During the last two weeks, did you receive any of the following treatments for [specific condition]? Medication
Supporting Definition:	Specific conditions include: Depression Generalized anxiety disorder Social phobia Agoraphobia Post-traumatic stress disorder Panic disorder Obsessive-compulsive disorder
Displayed Value:	None
Inclusion Criteria:	All patients
Timing:	Ongoing
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = No 1 = Yes
Variable ID:	TXPSYON
Variable:	Treatments: Psychotherapy
Definition:	Is the person currently undergoing treatment with psychotherapy?
Supporting Definition:	None
Displayed Value:	None
Inclusion Criteria:	All patients
Timing:	Ongoing
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = No 1 = Yes
Variable ID:	TXOTHERON
Variable:	Treatments: Other
Definition:	Other
Supporting Definition:	None
Displayed Value:	None
Inclusion Criteria:	All patients
Timing:	Ongoing
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = No 1 = Yes
Variable ID:	MEDADHERON
Variable:	Adherence to ongoing medication
Definition:	If you took any medication for [specific condition], did you take your medication as prescribed?

Supporting Definition:	Specific conditions include:
	Depression
	Generalized anxiety disorder
	Social phobia
	Agoraphobia
	Post-traumatic stress disorder
	Panic disorder
	Obsessive-compulsive disorder
Displayed Value:	None
Inclusion Criteria:	All patients
	If answered '1-3' on TXMED
Timing:	Ongoing
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = No
	1 = Mostly
	2 = Yes

Symptom Burden

Variable ID:	PHQ9_Q01
Variable:	Question 1 of PHQ9
Definition:	Over the last 2 weeks, how often have you been bothered by any of the following:
	A. Little interest or pleasure in doing things?
Supporting Definition:	None
Displayed Value:	Over the last 2 weeks, how often have you been bothered by any of the following:
	A. Little interest or pleasure in doing things?
Inclusion Criteria:	All patients
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all
	1 = Several days
	2 = More than half the days
	3 = Nearly every day
Variable ID:	PHQ9_Q02
Variable:	Question 2 of PHQ9
Definition:	Over the last 2 weeks, how often have you been bothered by any of the following:
	B. Feeling down, depressed, or hopeless
Supporting Definition:	None
Displayed Value:	Over the last 2 weeks, how often have you been bothered by any of the following:
	B. Feeling down, depressed, or hopeless
Inclusion Criteria:	All patients
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer

Value Domain:	Code
Response Options:	0 = Not at all
	1 = Several days
	2 = More than half the days
	3 = Nearly every day
Variable ID:	PHQ9_Q03
Variable:	Question 3 of PHQ9
Definition:	Over the last 2 weeks, how often have you been bothered by any of the following:
	C. Trouble falling or staying asleep, or sleeping too much?
Supporting Definition:	None
Displayed Value:	Over the last 2 weeks, how often have you been bothered by any of the following:
	C. Trouble falling or staying asleep, or sleeping too much?
Inclusion Criteria:	All patients
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all
	1 = Several days
	2 = More than half the days
	3 = Nearly every day
Variable ID:	PHQ9_Q04
Variable:	Question 4 of PHQ9
Definition:	Over the last 2 weeks, how often have you been bothered by any of the following:
	D. Feeling tired or having little energy?
Supporting Definition:	None
Displayed Value:	Over the last 2 weeks, how often have you been bothered by any of the following:
	D. Feeling tired or having little energy?
Inclusion Criteria:	All patients
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all
	1 = Several days
	2 = More than half the days
	3 = Nearly every day
Variable ID:	PHQ9_Q05
Variable:	Question 5 of PHQ9
Definition:	Over the last 2 weeks, how often have you been bothered by any of the following:
	E. Poor appetite or overeating?
Supporting Definition:	None
Displayed Value:	Over the last 2 weeks, how often have you been bothered by any of the following:
	E. Poor appetite or overeating?
Inclusion Criteria:	All patients

Timing:	Baseline Ongoing Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all 1 = Several days 2 = More than half the days 3 = Nearly every day
Variable ID:	PHQ9_Q06
Variable:	Question 6 of PHQ9
Definition:	Over the last 2 weeks, how often have you been bothered by any of the following: F. Feeling bad about yourself - or that you are a failure or have let yourself or your family down?
Supporting Definition:	None
Displayed Value:	Over the last 2 weeks, how often have you been bothered by any of the following: F. Feeling bad about yourself - or that you are a failure or have let yourself or your family down?
Inclusion Criteria:	All patients
Timing:	Baseline Ongoing Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all 1 = Several days 2 = More than half the days 3 = Nearly every day
Variable ID:	PHQ9_Q07
Variable:	Question 7 of PHQ9
Definition:	Over the last 2 weeks, how often have you been bothered by any of the following: G. Trouble concentrating on things, such as reading the newspaper or watching television?
Supporting Definition:	None
Displayed Value:	Over the last 2 weeks, how often have you been bothered by any of the following: G. Trouble concentrating on things, such as reading the newspaper or watching television?
Inclusion Criteria:	All patients
Timing:	Baseline Ongoing Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all 1 = Several days 2 = More than half the days 3 = Nearly every day
Variable ID:	PHQ9_Q08

Variable:	Question 8 of PHQ9
Definition:	Over the last 2 weeks, how often have you been bothered by any of the following: H. Moving or speaking so slowly that other people could have noticed? Or the opposite - being so fidgety or restless that you have been moving around a lot more than usual?
Supporting Definition:	None
Displayed Value:	Over the last 2 weeks, how often have you been bothered by any of the following: H. Moving or speaking so slowly that other people could have noticed? Or the opposite - being so fidgety or restless that you have been moving around a lot more than usual?
Inclusion Criteria:	All patients
Timing:	Baseline Ongoing Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all 1 = Several days 2 = More than half the days 3 = Nearly every day
Variable ID:	PHQ9_Q09
Variable:	Question 9 of PHQ9
Definition:	Over the last 2 weeks, how often have you been bothered by any of the following: I. Thoughts that you would be better off dead or of hurting yourself in some way?
Supporting Definition:	None
Displayed Value:	Over the last 2 weeks, how often have you been bothered by any of the following: I. Thoughts that you would be better off dead or of hurting yourself in some way?
Inclusion Criteria:	All patients
Timing:	Baseline Ongoing Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all 1 = Several days 2 = More than half the days 3 = Nearly every day
Variable ID:	PHQ9_Q10
Variable:	Question 10 of PHQ9
Definition:	If you checked off any problems, how difficult have these problems made it for you to do your work, take care of things at home, or get along with other people?
Supporting Definition:	None
Displayed Value:	None
Inclusion Criteria:	All patients
Timing:	Baseline Ongoing Annually
Data Source:	Patient-reported
Type:	Single answer

Value Domain:	Code
Response Options:	0 = Not difficult at all
	1 = Somewhat difficult
	2 = Very difficult
	3 = Extremely difficult
Variable ID:	GAD7_Q1
Variable:	Question 1 of GAD7
Definition:	Over the last 2 weeks, how often have you been bothered by the following problems?
	1: Feeling nervous, anxious, or on edge
Supporting Definition:	None
Displayed Value:	Over the last 2 weeks, how often have you been bothered by the following problems?
	1: Feeling nervous, anxious, or on edge
Inclusion Criteria:	All patients
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all sure
	1 = Several days
	2 = Over half the days
	3 = Nearly every day
Variable ID:	GAD7_Q2
Variable:	Question 2 of GAD7
Definition:	2: Not being able to stop or control worrying
Supporting Definition:	None
Displayed Value:	2: Not being able to stop or control worrying
Inclusion Criteria:	All patients
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all sure
	1 = Several days
	2 = Over half the days
	3 = Nearly every day
Variable ID:	GAD7_Q3
Variable:	Question 3 of GAD7
Definition:	3: Worrying too much about different things
Supporting Definition:	None
Displayed Value:	3: Worrying too much about different things
Inclusion Criteria:	All patients
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported

Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all sure
	1 = Several days
	2 = Over half the days
	3 = Nearly every day
Variable ID:	GAD7_Q4
Variable:	Question 4 of GAD7
Definition:	4: Trouble relaxing
Supporting Definition:	None
Displayed Value:	4: Trouble relaxing
Inclusion Criteria:	All patients
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all sure
	1 = Several days
	2 = Over half the days
	3 = Nearly every day
Variable ID:	GAD7_Q5
Variable:	Question 5 of GAD7
Definition:	5: Being so restless that it's hard to sit still
Supporting Definition:	None
Displayed Value:	5: Being so restless that it's hard to sit still
Inclusion Criteria:	All patients
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all sure
	1 = Several days
	2 = Over half the days
	3 = Nearly every day
Variable ID:	GAD7_Q6
Variable:	Question 6 of GAD7
Definition:	6: Becoming easily annoyed or irritable
Supporting Definition:	None
Displayed Value:	6: Becoming easily annoyed or irritable
Inclusion Criteria:	All patients
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code

Response Options:	0 = Not at all sure
	1 = Several days
	2 = Over half the days
	3 = Nearly every day
Variable ID:	GAD7_Q7
Variable:	Question 7 of GAD7
Definition:	7: Feeling afraid as if something awful might happen
Supporting Definition:	None
Displayed Value:	7: Feeling afraid as if something awful might happen
Inclusion Criteria:	All patients
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all sure
	1 = Several days
	2 = Over half the days
	3 = Nearly every day
Variable ID:	GAD7_Q8
Variable:	Question 8 of GAD7
Definition:	If you checked off any problems, how difficult have these problems made it for you to do your work, take care of things at home, or get along with other people?
Supporting Definition:	None
Displayed Value:	If you checked off any problems, how difficult have these problems made it for you to do your work, take care of things at home, or get along with other people?
Inclusion Criteria:	All patients
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not difficult at all
	1 = Somewhat difficult
	2 = Very difficult
	3 = Extremely difficult
Variable ID:	SPIN_Q01
Variable:	Question 1 of SPIN
Definition:	Please indicate how much the following problems have bothered you during the past week:
	1: I am afraid of people in authority
Supporting Definition:	None
Displayed Value:	Please indicate how much the following problems have bothered you during the past week:
	1: I am afraid of people in authority
Inclusion Criteria:	Patients with social phobia
Timing:	Baseline
	Ongoing
	Annually

Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all
	1 = A little
	2 = Somewhat
	3 = Very much
	4 = Extremely
Variable ID:	SPIN_Q02
Variable:	Question 2 of SPIN
Definition:	2: I am bothered by blushing in front of people
Supporting Definition:	None
Displayed Value:	2: I am bothered by blushing in front of people
Inclusion Criteria:	Patients with social phobia
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all
	1 = A little
	2 = Somewhat
	3 = Very much
	4 = Extremely
Variable ID:	SPIN_Q03
Variable:	Question 3 of SPIN
Definition:	3: Parties and social events scare me
Supporting Definition:	None
Displayed Value:	3: Parties and social events scare me
Inclusion Criteria:	Patients with social phobia
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all
	1 = A little
	2 = Somewhat
	3 = Very much
	4 = Extremely
Variable ID:	SPIN_Q04
Variable:	Question 4 of SPIN
Definition:	4: I avoid talking to people I don't know
Supporting Definition:	None
Displayed Value:	4: I avoid talking to people I don't know
Inclusion Criteria:	Patients with social phobia
Timing:	Baseline
	Ongoing
	Annually

Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all
	1 = A little
	2 = Somewhat
	3 = Very much
	4 = Extremely
Variable ID:	SPIN_Q05
Variable:	Question 5 of SPIN
Definition:	5: Being criticized scares me a lot
Supporting Definition:	None
Displayed Value:	5: Being criticized scares me a lot
Inclusion Criteria:	Patients with social phobia
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all
	1 = A little
	2 = Somewhat
	3 = Very much
	4 = Extremely
Variable ID:	SPIN_Q06
Variable:	Question 6 of SPIN
Definition:	6: Fear of embarrassment causes me to avoid doing things or speaking to people
Supporting Definition:	None
Displayed Value:	6: Fear of embarrassment causes me to avoid doing things or speaking to people
Inclusion Criteria:	Patients with social phobia
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	code
Response Options:	0 = Not at all
	1 = A little
	2 = Somewhat
	3 = Very much
	4 = Extremely
Variable ID:	SPIN_Q07
Variable:	Question 7 of SPIN
Definition:	7: Sweating in front of people causes me distress
Supporting Definition:	None
Displayed Value:	7: Sweating in front of people causes me distress
Inclusion Criteria:	Patients with social phobia
Timing:	Baseline
	Ongoing
	Annually

Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all
	1 = A little
	2 = Somewhat
	3 = Very much
	4 = Extremely
Variable ID:	SPIN_Q08
Variable:	Question 8 of SPIN
Definition:	8: I avoid going to parties
Supporting Definition:	None
Displayed Value:	8: I avoid going to parties
Inclusion Criteria:	Patients with social phobia
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all
	1 = A little
	2 = Somewhat
	3 = Very much
	4 = Extremely
Variable ID:	SPIN_Q09
Variable:	Question 9 of SPIN
Definition:	9: I avoid activities in which I am the center of attention
Supporting Definition:	None
Displayed Value:	9: I avoid activities in which I am the center of attention
Inclusion Criteria:	Patients with social phobia
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all
	1 = A little
	2 = Somewhat
	3 = Very much
	4 = Extremely
Variable ID:	SPIN_Q10
Variable:	Question 10 of SPIN
Definition:	10: Talking to strangers scares me
Supporting Definition:	None
Displayed Value:	10: Talking to strangers scares me
Inclusion Criteria:	Patients with social phobia
Timing:	Baseline
	Ongoing
	Annually

Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all
	1 = A little
	2 = Somewhat
	3 = Very much
	4 = Extremely
Variable ID:	SPIN_Q11
Variable:	Question 11 of SPIN
Definition:	11: I avoid having to give speeches
Supporting Definition:	None
Displayed Value:	11: I avoid having to give speeches
Inclusion Criteria:	Patients with social phobia
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all
	1 = A little
	2 = Somewhat
	3 = Very much
	4 = Extremely
Variable ID:	SPIN_Q12
Variable:	Question 12 of SPIN
Definition:	12: I would do anything to avoid being criticized
Supporting Definition:	None
Displayed Value:	12: I would do anything to avoid being criticized
Inclusion Criteria:	Patients with social phobia
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all
	1 = A little
	2 = Somewhat
	3 = Very much
	4 = Extremely
Variable ID:	SPIN_Q13
Variable:	Question 13 of SPIN
Definition:	13: Heart palpitations bother me when I am around people
Supporting Definition:	None
Displayed Value:	13: Heart palpitations bother me when I am around people
Inclusion Criteria:	Patients with social phobia
Timing:	Baseline
	Ongoing
	Annually

Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all
	1 = A little
	2 = Somewhat
	3 = Very much
	4 = Extremely
Variable ID:	SPIN_Q14
Variable:	Question 14 of SPIN
Definition:	14: I am afraid of doing things when people might be watching
Supporting Definition:	None
Displayed Value:	14: I am afraid of doing things when people might be watching
Inclusion Criteria:	Patients with social phobia
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	code
Response Options:	0 = Not at all
	1 = A little
	2 = Somewhat
	3 = Very much
	4 = Extremely
Variable ID:	SPIN_Q15
Variable:	Question 15 of SPIN
Definition:	15: Being embarrassed or looking stupid are among my worst fears
Supporting Definition:	None
Displayed Value:	15: Being embarrassed or looking stupid are among my worst fears
Inclusion Criteria:	Patients with social phobia
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all
	1 = A little
	2 = Somewhat
	3 = Very much
	4 = Extremely
Variable ID:	SPIN_Q16
Variable:	Question 16 of SPIN
Definition:	16: I avoid speaking to anyone in authority
Supporting Definition:	None
Displayed Value:	16: I avoid speaking to anyone in authority
Inclusion Criteria:	Patients with social phobia
Timing:	Baseline
	Ongoing
	Annually

Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all
	1 = A little
	2 = Somewhat
	3 = Very much
	4 = Extremely
Variable ID:	SPIN_Q17
Variable:	Question 17 of SPIN
Definition:	17: Trembling or shaking in front of others is distressing to me
Supporting Definition:	None
Displayed Value:	17: Trembling or shaking in front of others is distressing to me
Inclusion Criteria:	Patients with social phobia
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all
	1 = A little
	2 = Somewhat
	3 = Very much
	4 = Extremely
Variable ID:	MI_Q01
Variable:	Question 1 of MI
Definition:	1: Please indicate the degree to which you avoid the following places or situations because of discomfort or anxiety. Rate your amount of avoidance when you are with a trusted companion and when you are alone. Do this by using the following scale.
	1. Never avoid
	2. Rarely avoid
	3. Avoid about half the time
	4. Avoid most of the time
	5. Always avoid
	Select the number for each situation or place under both conditions: when accompanied and when alone. Leave blank those situations that do not apply to you.
	PLACES
	- Theaters
	- Supermarkets
	- Shopping malls
	- Classrooms
	- Department stores
	- Restaurants
	- Museums
	- Elevators
	- Auditoriums/stadiums
	- Garages

	- High Places Please tell how high - Enclosed spaces OPEN SPACES - Outside (for example: fields, wide streets, courtyards) - Inside (for example: large rooms, lobbies) RIDING IN - Buses - Trains - Subways - Airplanes - Boats DRIVING OR RIDING IN A CAR - At anytime - On expressways SITUATIONS: - Standing in lines - Crossing bridges - Parties or social gatherings - Walking on the street - Staying home alone - Being far away from home - Other (specify):
Supporting Definition:	Each item corresponds to a separate VariableID.
Displayed Value:	1: Please indicate the degree to which you avoid the following places or situations because of discomfort or anxiety. Rate your amount of avoidance when you are with a trusted companion and when you are alone. Do this by using the following scale. 1. Never avoid 2. Rarely avoid 3. Avoid about half the time 4. Avoid most of the time 5. Always avoid Select the number for each situation or place under both conditions: when accompanied and when alone. Leave blank those situations that do not apply to you. PLACES - Theaters - Supermarkets - Shopping malls - Classrooms - Department stores - Restaurants - Museums - Elevators - Auditoriums/stadiums - Garages - High Places Please tell how high - Enclosed spaces

	OPEN SPACES
	- Outside (for example: fields, wide streets, courtyards)
	- Inside (for example: large rooms, lobbies)
	RIDING IN
	- Buses
	- Trains
	- Subways
	- Airplanes
	- Boats
	DRIVING OR RIDING IN A CAR
	- At anytime
	- On expressways
	SITUATIONS:
	- Standing in lines
	- Crossing bridges
	- Parties or social gatherings
	- Walking on the street
	- Staying home alone
	- Being far away from home
	- Other (specify):
Inclusion Criteria:	Patients with agoraphobia
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not applicable (blank)
	1 = Never avoid
	2 = Rarely avoid
	3 = Avoid about half of the time
	4 = Avoid most of the time
	5 = Always avoid
Variable ID:	MI_Q01HIGH
Variable:	Free text response to height of high places
Definition:	Tell how high
Supporting Definition:	None
Displayed Value:	Tell how high
Inclusion Criteria:	Patients with agoraphobia
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Free text
Value Domain:	Quantity
Response Options:	Numerical value of height in meters
Variable ID:	MI_Q01OTHER
Variable:	Free text response to other place or situation avoided due to discomfort or anxiety
Definition:	Specify other place or situation avoided due to discomfort or anxiety
Supporting Definition:	None
Displayed Value:	Specify other place or situation avoided due to discomfort or anxiety
Inclusion Criteria:	Patients with agoraphobia

Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Free text
Value Domain:	String
Response Options:	Other place or situation avoided due to discomfort or anxiety
Variable ID:	MI_Q02
Variable:	Question 2 of MI
Definition:	2: After completing the first step, indicate the 5 items with which you are most concerned. Of the items listed, these are the five situations or places where avoidance/anxiety most affects your life in a negative way
Supporting Definition:	If Other is selected, specify with free text
	Select all that apply
	Split each response with a ';'
Displayed Value:	2: After completing the first step, indicate the 5 items with which you are most concerned. Of the items listed, these are the five situations or places where avoidance/anxiety most affects your life in a negative way
Inclusion Criteria:	Patients with agoraphobia
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Multiple answer
Value Domain:	Code
Response Options:	1 = Theaters
	2 = Supermarkets
	3 = Shopping malls
	4 = Classrooms
	5 = Department stores
	6 = Restaurants
	7 = Museums
	8 = Elevators
	9 = Auditoriums/stadiums
	10 = Garages
	11 = High Places
	12 = Enclosed spaces
	13 = Outside (for example: fields, wide streets, courtyards)
	14 = Inside (for example: large rooms, lobbies)
	15 = Buses
	16 = Trains
	17 = Subways
	18 = Airplanes
	19 = Boats
	20 = Driving or riding in a car at anytime
	21 = Driving or riding in a car on expressways
	22 = Standing in lines
	23 = Crossing bridges
	24 = Parties or social gatherings
	25 = Walking on the street
	26 = Staying home alone

	27 = Being far away from home
	888 = Other
Variable ID:	MI_Q03a
Variable:	Question 3a of MI
Definition:	PANIC ATTACKS
	3: We define a panic attack as a high level of anxiety accompanied by strong body reactions (heart palpitations, sweating, muscle tremors, dizziness, nausea) with the temporary loss of the ability to plan, think, or reason and the intense desire to escape or flee the situation (Note: this is different from high anxiety or fear alone). Please indicate the number of panic attacks you have had in the past 7 days.
Supporting Definition:	None
Displayed Value:	PANIC ATTACKS
	3: We define a panic attack as a high level of anxiety accompanied by strong body reactions (heart palpitations, sweating, muscle tremors, dizziness, nausea) with the temporary loss of the ability to plan, think, or reason and the intense desire to escape or flee the situation (Note: this is different from high anxiety or fear alone). Please indicate the number of panic attacks you have had in the past 7 days.
Inclusion Criteria:	Patients with agoraphobia
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Numerical value
Value Domain:	Quantity
Response Options:	Numerical value of number of panic attacks
Variable ID:	MI_Q03b
Variable:	Question 3b of MI
Definition:	How severe or intense have the panic attacks been?
Supporting Definition:	None
Displayed Value:	How severe or intense have the panic attacks been?
Inclusion Criteria:	Patients with agoraphobia
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	1 = Very mild
	2 = Mild
	3 = Moderately
	4 = Very
	5 = Extremely
Variable ID:	MI_Q04a
Variable:	Question 4a of MI
Definition:	4: Many people are able to travel alone freely in the area (usually around their home) called their safety zone. Do you have such a zone? If yes, please describe:
	a. Its location
Supporting Definition:	None

Displayed Value:	4: Many people are able to travel alone freely in the area (usually around their home) called their safety zone. Do you have such a zone? If yes, please describe: a. Its location
Inclusion Criteria:	Patients with agoraphobia If answered 'yes' on symptoms of agoraphobia (MI_Q05)
Timing:	Baseline Ongoing Annually
Data Source:	Patient-reported
Type:	Free text
Value Domain:	String
Response Options:	Description of location with free text
Variable ID:	MI_Q04b
Variable:	Question 4b of MI
Definition:	b. Its size (e.g. radius from home)
Supporting Definition:	None
Displayed Value:	b. Its size (e.g. radius from home)
Inclusion Criteria:	Patients with agoraphobia If answered 'yes' on symptoms of agoraphobia (MI_Q05)
Timing:	Baseline Ongoing Annually
Data Source:	Patient-reported
Type:	Numerical value
Value Domain:	Quantity
Response Options:	Numerical value of size
Variable ID:	IESR_Q01
Variable:	Question 1 of IESR
Definition:	Below is a list of comments made by people after stressful life events. Please check each item, indicating how frequently these comments were true for you DURING THE PAST SEVEN DAYS: 1. Any reminder brought back feelings about it
Supporting Definition:	None
Displayed Value:	Below is a list of comments made by people after stressful life events. Please check each item, indicating how frequently these comments were true for you DURING THE PAST SEVEN DAYS: 1. Any reminder brought back feelings about it
Inclusion Criteria:	Patients with post-traumatic stress disorder
Timing:	Baseline Ongoing Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all 1 = A little bit 2 = Moderately 3 = Quite a bit 4 = Extremely
Variable ID:	IESR_Q02
Variable:	Question 2 of IESR
Definition:	2: I had trouble staying asleep
Supporting Definition:	None

Displayed Value:	2: I had trouble staying asleep
Inclusion Criteria:	Patients with post-traumatic stress disorder
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all
	1 = A little bit
	2 = Moderately
	3 = Quite a bit
	4 = Extremely
Variable ID:	IESR_Q03
Variable:	Question 3 of IESR
Definition:	3: Other things kept making me think about it
Supporting Definition:	None
Displayed Value:	3: Other things kept making me think about it
Inclusion Criteria:	Patients with post-traumatic stress disorder
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all
	1 = A little bit
	2 = Moderately
	3 = Quite a bit
	4 = Extremely
Variable ID:	IESR_Q04
Variable:	Question 4 of IESR
Definition:	4: I felt irritable and angry
Supporting Definition:	None
Displayed Value:	4: I felt irritable and angry
Inclusion Criteria:	Patients with post-traumatic stress disorder
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all
	1 = A little bit
	2 = Moderately
	3 = Quite a bit
	4 = Extremely
Variable ID:	IESR_Q05
Variable:	Question 5 of IESR
Definition:	5: I avoided letting myself get upset when I thought about it or was reminded of it
Supporting Definition:	None

Displayed Value:	5: I avoided letting myself get upset when I thought about it or was reminded of it
Inclusion Criteria:	Patients with post-traumatic stress disorder
Timing:	Baseline Ongoing Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all 1 = A little bit 2 = Moderately 3 = Quite a bit 4 = Extremely
Variable ID:	IESR_Q06
Variable:	Question 6 of IESR
Definition:	6: I thought about it when I didn't mean to
Supporting Definition:	None
Displayed Value:	6: I thought about it when I didn't mean to
Inclusion Criteria:	Patients with post-traumatic stress disorder
Timing:	Baseline Ongoing Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all 1 = A little bit 2 = Moderately 3 = Quite a bit 4 = Extremely
Variable ID:	IESR_Q07
Variable:	Question 7 of IESR
Definition:	7: I felt as if it hadn't happened or wasn't real
Supporting Definition:	None
Displayed Value:	7: I felt as if it hadn't happened or wasn't real
Inclusion Criteria:	Patients with post-traumatic stress disorder
Timing:	Baseline Ongoing Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all 1 = A little bit 2 = Moderately 3 = Quite a bit 4 = Extremely
Variable ID:	IESR_Q08
Variable:	Question 8 of IESR
Definition:	8: I stayed away from reminders about it
Supporting Definition:	None

Displayed Value:	8: I stayed away from reminders about it
Inclusion Criteria:	Patients with post-traumatic stress disorder
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all
	1 = A little bit
	2 = Moderately
	3 = Quite a bit
	4 = Extremely
Variable ID:	IESR_Q09
Variable:	Question 9 of IESR
Definition:	9: Images of it popped into my mind
Supporting Definition:	None
Displayed Value:	9: Images of it popped into my mind
Inclusion Criteria:	Patients with post-traumatic stress disorder
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all
	1 = A little bit
	2 = Moderately
	3 = Quite a bit
	4 = Extremely
Variable ID:	IESR_Q10
Variable:	Question 10 of IESR
Definition:	10: I was jumpy and easily startled
Supporting Definition:	None
Displayed Value:	10: I was jumpy and easily startled
Inclusion Criteria:	Patients with post-traumatic stress disorder
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all
	1 = A little bit
	2 = Moderately
	3 = Quite a bit
	4 = Extremely
Variable ID:	IESR_Q11
Variable:	Question 11 of IESR
Definition:	11: I tried not to think about it
Supporting Definition:	None

Displayed Value:	11: I tried not to think about it
Inclusion Criteria:	Patients with post-traumatic stress disorder
Timing:	Baseline Ongoing Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all 1 = A little bit 2 = Moderately 3 = Quite a bit 4 = Extremely
Variable ID:	IESR_Q12
Variable:	Question 12 of IESR
Definition:	12: I was aware that I still had a lot of feelings about it, but I didn't deal with them
Supporting Definition:	None
Displayed Value:	12: I was aware that I still had a lot of feelings about it, but I didn't deal with them
Inclusion Criteria:	Patients with post-traumatic stress disorder
Timing:	Baseline Ongoing Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all 1 = A little bit 2 = Moderately 3 = Quite a bit 4 = Extremely
Variable ID:	IESR_Q13
Variable:	Question 13 of IESR
Definition:	13: My feelings about it were kind of numb
Supporting Definition:	None
Displayed Value:	13: My feelings about it were kind of numb
Inclusion Criteria:	Patients with post-traumatic stress disorder
Timing:	Baseline Ongoing Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all 1 = A little bit 2 = Moderately 3 = Quite a bit 4 = Extremely
Variable ID:	IESR_Q14
Variable:	Question 14 of IESR
Definition:	14: I found myself acting or feeling as though I was back at that time
Supporting Definition:	None

Displayed Value:	14: I found myself acting or feeling as though I was back at that time
Inclusion Criteria:	Patients with post-traumatic stress disorder
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all
	1 = A little bit
	2 = Moderately
	3 = Quite a bit
	4 = Extremely
Variable ID:	IESR_Q15
Variable:	Question 15 of IESR
Definition:	15: I had trouble falling asleep
Supporting Definition:	None
Displayed Value:	15: I had trouble falling asleep
Inclusion Criteria:	Patients with post-traumatic stress disorder
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all
	1 = A little bit
	2 = Moderately
	3 = Quite a bit
	4 = Extremely
Variable ID:	IESR_Q16
Variable:	Question 16 of IESR
Definition:	16: I had waves of strong feelings about it
Supporting Definition:	None
Displayed Value:	16: I had waves of strong feelings about it
Inclusion Criteria:	Patients with post-traumatic stress disorder
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all
	1 = A little bit
	2 = Moderately
	3 = Quite a bit
	4 = Extremely
Variable ID:	IESR_Q17
Variable:	Question 17 of IESR
Definition:	17: I tried to remove it from my memory
Supporting Definition:	None

Displayed Value:	17: I tried to remove it from my memory
Inclusion Criteria:	Patients with post-traumatic stress disorder
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all
	1 = A little bit
	2 = Moderately
	3 = Quite a bit
	4 = Extremely
Variable ID:	IESR_Q18
Variable:	Question 18 of IESR
Definition:	18: I had trouble concentrating
Supporting Definition:	None
Displayed Value:	18: I had trouble concentrating
Inclusion Criteria:	Patients with post-traumatic stress disorder
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all
	1 = A little bit
	2 = Moderately
	3 = Quite a bit
	4 = Extremely
Variable ID:	IESR_Q19
Variable:	Question 19 of IESR
Definition:	19: Reminders of the event caused physical reactions such as sweating, difficulty in breathing, nausea, or palpitations
Supporting Definition:	None
Displayed Value:	19: Reminders of the event caused physical reactions such as sweating, difficulty in breathing, nausea, or palpitations
Inclusion Criteria:	Patients with post-traumatic stress disorder
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all
	1 = A little bit
	2 = Moderately
	3 = Quite a bit
	4 = Extremely
Variable ID:	IESR_Q20
Variable:	Question 20 of IESR

Definition:	20: I had dreams about it
Supporting Definition:	None
Displayed Value:	20: I had dreams about it
Inclusion Criteria:	Patients with post-traumatic stress disorder
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all
	1 = A little bit
	2 = Moderately
	3 = Quite a bit
	4 = Extremely
Variable ID:	IESR_Q21
Variable:	Question 21 of IESR
Definition:	21: I felt watchful and on-guard
Supporting Definition:	None
Displayed Value:	21: I felt watchful and on-guard
Inclusion Criteria:	Patients with post-traumatic stress disorder
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all
	1 = A little bit
	2 = Moderately
	3 = Quite a bit
	4 = Extremely
Variable ID:	IESR_Q22
Variable:	Question 22 of IESR
Definition:	22: I tried not to talk about it
Supporting Definition:	None
Displayed Value:	22: I tried not to talk about it
Inclusion Criteria:	Patients with post-traumatic stress disorder
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all
	1 = A little bit
	2 = Moderately
	3 = Quite a bit
	4 = Extremely
Variable ID:	PDSSSR_Q01
Variable:	Question 1 of PDSSSR

Definition:	Several of the following questions refer to panic attacks and limited symptom attacks. For this questionnaire we define a panic attack as a sudden rush of fear or discomfort accompanied by at least 4 of the symptoms listed below. In order to qualify as a sudden rush, the symptoms must peak within 10 minutes. Episodes like panic attacks but having fewer than 4 of the listed symptoms are called limited symptom attacks. Here are the symptoms to count: Rapid or pounding heartbeat, sweating, trembling or shaking, breathlessness, feeling of choking, chest pain or discomfort, nausea, dizziness or faintness, feelings of unreality, numbness or tingling, chills or hot flushes, fear of losing control or going crazy, and fear of dying. 1: How many panic and limited symptoms attacks did you have during the week?
Supporting Definition:	None
Displayed Value:	Several of the following questions refer to panic attacks and limited symptom attacks. For this questionnaire we define a panic attack as a sudden rush of fear or discomfort accompanied by at least 4 of the symptoms listed below. In order to qualify as a sudden rush, the symptoms must peak within 10 minutes. Episodes like panic attacks but having fewer than 4 of the listed symptoms are called limited symptom attacks. Here are the symptoms to count: Rapid or pounding heartbeat, sweating, trembling or shaking, breathlessness, feeling of choking, chest pain or discomfort, nausea, dizziness or faintness, feelings of unreality, numbness or tingling, chills or hot flushes, fear of losing control or going crazy, and fear of dying. 1: How many panic and limited symptoms attacks did you have during the week?
Inclusion Criteria:	Patients with panic disorder
Timing:	Baseline Ongoing Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = No panic or limited symptom episodes 1 = Mild: no full panic attacks and no more than 1 limited symptom attack/day 2 = Moderate: 1 or 2 full panic attacks and/or multiple limited symptom attacks/day 3 = Severe: more than 2 full attacks but not more than 1/day on average 4 = Extreme: full panic attacks occurred more than once a day, more days than not
Variable ID:	PDSSSR_Q02
Variable:	Question 2 of PDSSR
Definition:	2: If you had any panic attacks during the past week, how distressing (uncomfortable, frightening) were they while they were happening? (If you had more than one, give an average rating. If you didn't have any panic attacks but did have limited symptom attacks, answer for the limited symptom attacks)
Supporting Definition:	None
Displayed Value:	2: If you had any panic attacks during the past week, how distressing (uncomfortable, frightening) were they while they were happening? (If you had more than one, give an average rating. If you didn't have any panic attacks but did have limited symptom attacks, answer for the limited symptom attacks)
Inclusion Criteria:	Patients with panic disorder
Timing:	Baseline Ongoing Annually
Data Source:	Patient-reported
Type:	Single answer

Value Domain:	Code
Response Options:	0 = Not at all distressing, or no panic or limited symptom attacks during the past week 1 = Mildly distressing (not too intense) 2 = Moderately distressing (intense, but still manageable) 3 = Severely distressing (very intense) 4 = Extremely distressing (extreme distress during all attacks)
Variable ID:	PDSSSR_Q03
Variable:	Question 3 of PDSSSR
Definition:	3: During the past week, how much have you worried or felt anxious about when your next panic attack would occur or about fears related to the attacks (for example, that they could mean you have physical or mental health problems or could cause you social embarrassment)?
Supporting Definition:	None
Displayed Value:	3: During the past week, how much have you worried or felt anxious about when your next panic attack would occur or about fears related to the attacks (for example, that they could mean you have physical or mental health problems or could cause you social embarrassment)?
Inclusion Criteria:	Patients with panic disorder
Timing:	Baseline Ongoing Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all 1 = Occasionally or only mildly 2 = Frequently or moderately 3 = Very often or to a very disturbing degree 4 = Nearly constantly and to a disabling extent
Variable ID:	PDSSSR_Q04
Variable:	Question 4 of PDSSSR
Definition:	4: During the past week were there any places or situations (e.g., public transportation, movie theatres, crowds, bridges, tunnels, shopping malls, being alone) you avoided, or felt afraid of (uncomfortable in, wanted to avoid or leave), because of fear of having a panic attack? Are there any other situations that you would have avoided or been afraid of if they had come up during the week, for the same reason? If yes to either question, please rate your level of fear and avoidance this past week
Supporting Definition:	None
Displayed Value:	4: During the past week were there any places or situations (e.g., public transportation, movie theatres, crowds, bridges, tunnels, shopping malls, being alone) you avoided, or felt afraid of (uncomfortable in, wanted to avoid or leave), because of fear of having a panic attack? Are there any other situations that you would have avoided or been afraid of if they had come up during the week, for the same reason? If yes to either question, please rate your level of fear and avoidance this past week
Inclusion Criteria:	Patients with panic disorder
Timing:	Baseline Ongoing Annually
Data Source:	Patient-reported

Type:	Single answer
Value Domain:	Code
Response Options:	0 = None: no fear or avoidance
	1 = Mild: occasional fear and/or avoidance but I could usually confront or endure the situation. There was little or no modification of my lifestyle due to this
	2 = Moderate: noticeable fear and/or avoidance but still manageable. I avoided some situations, but I could confront them with a companion. There was some modification of my lifestyle because of this, but my overall functioning was not impaired
	3 = Severe: extensive avoidance. Substantial modification of my lifestyle was required to accommodate the avoidance making it difficult to manage usual activities
	4 = Extreme: pervasive disabling fear and/or avoidance. Extensive modification in my lifestyle was required such that important tasks were not performed
Variable ID:	PDSSSR_Q05
Variable:	Question 5 of PDSSSR
Definition:	5: During the past week, were there any activities (e.g., physical exertion, sexual relations, taking a hot shower or bath, drinking coffee, watching an exciting or scary movie) that you avoided, or felt afraid of (uncomfortable doing, wanted to avoid or stop), because they caused physical sensations like those you feel during panic attacks or that you were afraid might trigger a panic attack? Are there any other activities that you would have avoided or been afraid of if they had come up during the week for that reason? If yes to either question, please rate your level of fear and avoidance of those activities this past week
Supporting Definition:	None
Displayed Value:	5: During the past week, were there any activities (e.g., physical exertion, sexual relations, taking a hot shower or bath, drinking coffee, watching an exciting or scary movie) that you avoided, or felt afraid of (uncomfortable doing, wanted to avoid or stop), because they caused physical sensations like those you feel during panic attacks or that you were afraid might trigger a panic attack? Are there any other activities that you would have avoided or been afraid of if they had come up during the week for that reason? If yes to either question, please rate your level of fear and avoidance of those activities this past week
Inclusion Criteria:	Patients with panic disorder
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = No fear or avoidance of situations or activities because of distressing physical sensations
	1 = Mild: occasional fear and/or avoidance, but usually I could confront or endure with little distress activities that cause physical sensations. There was little modification of my lifestyle due to this
	2 = Moderate: noticeable avoidance but still manageable. There was definite, but limited, modification of my lifestyle such that my overall functioning was not impaired
	3 = Severe: extensive avoidance. There was substantial modification of my lifestyle or interference in my functioning
	4 = Extreme: pervasive and disabling avoidance. There was extensive modification

	in my lifestyle due to this such that important tasks or activities were not performed
Variable ID:	PDSSSR_Q06
Variable:	Question 6 of PDSSSR
Definition:	6: During the past week, how much did the above symptoms altogether (panic and limited symptom attacks, worry about attacks, and fear of situations and activities because of attacks) interfere with your ability to work or carry out your responsibilities at home? (If your work or home responsibilities were less than usual this past week, answer how you think you would have done if the responsibilities had been usual)
Supporting Definition:	None
Displayed Value:	6: During the past week, how much did the above symptoms altogether (panic and limited symptom attacks, worry about attacks, and fear of situations and activities because of attacks) interfere with your ability to work or carry out your responsibilities at home? (If your work or home responsibilities were less than usual this past week, answer how you think you would have done if the responsibilities had been usual)
Inclusion Criteria:	Patients with panic disorder
Timing:	Baseline Ongoing Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = No interference with work or home responsibilities 1 = Slight interference with work or home responsibilities, but I could do nearly everything I could if I didn't have these problems 2 = Significant interference with work or home responsibilities, but I still could manage to do the things I needed to do 3 = Substantial impairment in work or home responsibilities; there were many important things I couldn't do because of these problems 4 = Extreme, incapacitating impairment such that I was essentially unable to manage any work or home responsibilities
Variable ID:	PDSSSR_Q07
Variable:	Question 7 of PDSSSR
Definition:	7: During the past week, how much did panic and limited symptom attacks, worry about attacks and fear of situations and activities because of attacks interfere with your social life? (If you didn't have many opportunities to socialize this past week, answer how you think you would have done if you did have opportunities)
Supporting Definition:	None
Displayed Value:	7: During the past week, how much did panic and limited symptom attacks, worry about attacks and fear of situations and activities because of attacks interfere with your social life? (If you didn't have many opportunities to socialize this past week, answer how you think you would have done if you did have opportunities)
Inclusion Criteria:	Patients with panic disorder
Timing:	Baseline Ongoing Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code

Response Options:	0 = No interference
	1 = Slight interference with social activities, but I could do nearly everything I could if I didn't have these problems
	2 = Significant interference with social activities but I could manage to do most things if I made the effort
	3 = Substantial impairment in social activities; there are many social things I couldn't do because of these problems
	4 = Extreme, incapacitating impairment, such that there was hardly anything social I could do
Variable ID:	OCI_Q01
Variable:	Question 1 of OCI
Definition:	The following statements refer to experiences which many people have in their everyday lives. Please CIRCLE the number that best describes HOW MUCH that experience has DISTRESSED or BOTHERED YOU DURING THE PAST MONTH: 1. Unpleasant thoughts come into my mind against my will and I cannot get rid of them.
Supporting Definition:	None
Displayed Value:	The following statements refer to experiences which many people have in their everyday lives. Please CIRCLE the number that best describes HOW MUCH that experience has DISTRESSED or BOTHERED YOU DURING THE PAST MONTH: 1. Unpleasant thoughts come into my mind against my will and I cannot get rid of them.
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all
	1 = A little
	2 = Moderately
	3 = A lot
	4 = Extremely
Variable ID:	OCI_Q02
Variable:	Question 2 of OCI
Definition:	2: I think contact with bodily secretions (sweat, saliva, blood, urine, etc.) may contaminate my clothes or somehow harm me
Supporting Definition:	None
Displayed Value:	2: I think contact with bodily secretions (sweat, saliva, blood, urine, etc.) may contaminate my clothes or somehow harm me
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all
	1 = A little
	2 = Moderately

	3 = A lot
	4 = Extremely
Variable ID:	OCI_Q03
Variable:	Question 3 of OCI
Definition:	3: I ask people to repeat things to me several times, even though I understood them the first time
Supporting Definition:	None
Displayed Value:	3: I ask people to repeat things to me several times, even though I understood them the first time
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all
	1 = A little
	2 = Moderately
	3 = A lot
	4 = Extremely
Variable ID:	OCI_Q04
Variable:	Question 4 of OCI
Definition:	4: I wash and clean obsessively
Supporting Definition:	None
Displayed Value:	4: I wash and clean obsessively
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all
	1 = A little
	2 = Moderately
	3 = A lot
	4 = Extremely
Variable ID:	OCI_Q05
Variable:	Question 5 of OCI
Definition:	5: I have to review mentally past events, conversations and actions to make sure that I didn't do something wrong
Supporting Definition:	None
Displayed Value:	5: I have to review mentally past events, conversations and actions to make sure that I didn't do something wrong
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer

Value Domain:	Code
Response Options:	0 = Not at all
	1 = A little
	2 = Moderately
	3 = A lot
	4 = Extremely
Variable ID:	OCI_Q06
Variable:	Question 6 of OCI
Definition:	6: I have saved up so many things that they get in the way
Supporting Definition:	None
Displayed Value:	6: I have saved up so many things that they get in the way
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all
	1 = A little
	2 = Moderately
	3 = A lot
	4 = Extremely
Variable ID:	OCI_Q07
Variable:	Question 7 of OCI
Definition:	7: I check things more often than necessary
Supporting Definition:	None
Displayed Value:	7: I check things more often than necessary
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all
	1 = A little
	2 = Moderately
	3 = A lot
	4 = Extremely
Variable ID:	OCI_Q08
Variable:	Question 8 of OCI
Definition:	8: I avoid using public toilets because I am afraid of disease or contamination
Supporting Definition:	None
Displayed Value:	8: I avoid using public toilets because I am afraid of disease or contamination
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer

Value Domain:	Code
Response Options:	0 = Not at all
	1 = A little
	2 = Moderately
	3 = A lot
	4 = Extremely
Variable ID:	OCI_Q09
Variable:	Question 9 of OCI
Definition:	9: I repeatedly check doors, windows, drawers etc.
Supporting Definition:	None
Displayed Value:	9: I repeatedly check doors, windows, drawers etc.
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all
	1 = A little
	2 = Moderately
	3 = A lot
	4 = Extremely
Variable ID:	OCI_Q10
Variable:	Question 10 of OCI
Definition:	10: I repeatedly check gas/water taps/light switches after turning them off
Supporting Definition:	None
Displayed Value:	10: I repeatedly check gas/water taps/light switches after turning them off
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all
	1 = A little
	2 = Moderately
	3 = A lot
	4 = Extremely
Variable ID:	OCI_Q11
Variable:	Question 11 of OCI
Definition:	11: I collect things I don't need
Supporting Definition:	None
Displayed Value:	11: I collect things I don't need
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer

Value Domain:	Code
Response Options:	0 = Not at all
	1 = A little
	2 = Moderately
	3 = A lot
	4 = Extremely
Variable ID:	OCI_Q12
Variable:	Question 12 of OCI
Definition:	12: I have thoughts of having hurt someone without knowing it
Supporting Definition:	None
Displayed Value:	12: I have thoughts of having hurt someone without knowing it
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all
	1 = A little
	2 = Moderately
	3 = A lot
	4 = Extremely
Variable ID:	OCI_Q13
Variable:	Question 13 of OCI
Definition:	13: I have thoughts that I might want to harm myself or others
Supporting Definition:	None
Displayed Value:	13: I have thoughts that I might want to harm myself or others
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all
	1 = A little
	2 = Moderately
	3 = A lot
	4 = Extremely
Variable ID:	OCI_Q14
Variable:	Question 14 of OCI
Definition:	14: I get upset if objects are not arranged properly
Supporting Definition:	None
Displayed Value:	14: I get upset if objects are not arranged properly
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer

Value Domain:	Code
Response Options:	0 = Not at all
	1 = A little
	2 = Moderately
	3 = A lot
	4 = Extremely
Variable ID:	OCI_Q15
Variable:	Question 15 of OCI
Definition:	15: I feel obliged to follow a particular order in dressing, undressing and washing myself
Supporting Definition:	None
Displayed Value:	15: I feel obliged to follow a particular order in dressing, undressing and washing myself
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all
	1 = A little
	2 = Moderately
	3 = A lot
	4 = Extremely
Variable ID:	OCI_Q16
Variable:	Question 16 of OCI
Definition:	16: I feel compelled to count while I'm doing thing
Supporting Definition:	None
Displayed Value:	16: I feel compelled to count while I'm doing thing
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all
	1 = A little
	2 = Moderately
	3 = A lot
	4 = Extremely
Variable ID:	OCI_Q17
Variable:	Question 17 of OCI
Definition:	17: I am afraid of impulsively doing embarrassing or harmful things
Supporting Definition:	None
Displayed Value:	17: I am afraid of impulsively doing embarrassing or harmful things
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline
	Ongoing
	Annually

Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all
	1 = A little
	2 = Moderately
	3 = A lot
	4 = Extremely
Variable ID:	OCI_Q18
Variable:	Question 18 of OCI
Definition:	18: I need to pray to cancel bad thoughts or feelings
Supporting Definition:	None
Displayed Value:	18: I need to pray to cancel bad thoughts or feelings
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all
	1 = A little
	2 = Moderately
	3 = A lot
	4 = Extremely
Variable ID:	OCI_Q19
Variable:	Question 19 of OCI
Definition:	19: I keep on checking forms or other things I have written
Supporting Definition:	None
Displayed Value:	19: I keep on checking forms or other things I have written
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all
	1 = A little
	2 = Moderately
	3 = A lot
	4 = Extremely
Variable ID:	OCI_Q20
Variable:	Question 20 of OCI
Definition:	20: I get upset at the sight of knives, scissors or other sharp objects in case I lose control with them
Supporting Definition:	None
Displayed Value:	20: I get upset at the sight of knives, scissors or other sharp objects in case I lose control with them
Inclusion Criteria:	Patients with obsessive-compulsive disorder

Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all
	1 = A little
	2 = Moderately
	3 = A lot
	4 = Extremely
Variable ID:	OCI_Q21
Variable:	Question 21 of OCI
Definition:	21: I am obsessively concerned about cleanliness
Supporting Definition:	None
Displayed Value:	21: I am obsessively concerned about cleanliness
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all
	1 = A little
	2 = Moderately
	3 = A lot
	4 = Extremely
Variable ID:	OCI_Q22
Variable:	Question 22 of OCI
Definition:	22: I find it difficult to touch an object when I know it has been touched by strangers or certain people
Supporting Definition:	None
Displayed Value:	22: I find it difficult to touch an object when I know it has been touched by strangers or certain people
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all
	1 = A little
	2 = Moderately
	3 = A lot
	4 = Extremely
Variable ID:	OCI_Q23
Variable:	Question 23 of OCI
Definition:	23: I need things to be arranged in a particular order
Supporting Definition:	None

Displayed Value:	23: I need things to be arranged in a particular order
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all
	1 = A little
	2 = Moderately
	3 = A lot
	4 = Extremely
Variable ID:	OCI_Q24
Variable:	Question 24 of OCI
Definition:	24: I get behind in my work because I repeat things over and over again
Supporting Definition:	None
Displayed Value:	24: I get behind in my work because I repeat things over and over again
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all
	1 = A little
	2 = Moderately
	3 = A lot
	4 = Extremely
Variable ID:	OCI_Q25
Variable:	Question 25 of OCI
Definition:	25: I feel I have to repeat certain numbers
Supporting Definition:	None
Displayed Value:	25: I feel I have to repeat certain numbers
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all
	1 = A little
	2 = Moderately
	3 = A lot
	4 = Extremely
Variable ID:	OCI_Q26
Variable:	Question 26 of OCI
Definition:	26: After doing something carefully, I still have the impression I have not finished it
Supporting Definition:	None

Displayed Value:	26: After doing something carefully, I still have the impression I have not finished it
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline Ongoing Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all 1 = A little 2 = Moderately 3 = A lot 4 = Extremely
Variable ID:	OCI_Q27
Variable:	Question 27 of OCI
Definition:	27: I find it difficult to touch rubbish or dirty things
Supporting Definition:	None
Displayed Value:	27: I find it difficult to touch rubbish or dirty things
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline Ongoing Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all 1 = A little 2 = Moderately 3 = A lot 4 = Extremely
Variable ID:	OCI_Q28
Variable:	Question 28 of OCI
Definition:	28: I find it difficult to control my own thoughts
Supporting Definition:	None
Displayed Value:	28: I find it difficult to control my own thoughts
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline Ongoing Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all 1 = A little 2 = Moderately 3 = A lot 4 = Extremely
Variable ID:	OCI_Q29
Variable:	Question 29 of OCI
Definition:	29: I have to do things over and over again until it feels right
Supporting Definition:	None

Displayed Value:	29: I have to do things over and over again until it feels right
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all
	1 = A little
	2 = Moderately
	3 = A lot
	4 = Extremely
Variable ID:	OCI_Q30
Variable:	Question 30 of OCI
Definition:	30: I am upset by unpleasant thoughts that come into my mind against my will
Supporting Definition:	None
Displayed Value:	30: I am upset by unpleasant thoughts that come into my mind against my will
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all
	1 = A little
	2 = Moderately
	3 = A lot
	4 = Extremely
Variable ID:	OCI_Q31
Variable:	Question 31 of OCI
Definition:	31: Before going to sleep I have to do certain things in a certain way
Supporting Definition:	None
Displayed Value:	31: Before going to sleep I have to do certain things in a certain way
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all
	1 = A little
	2 = Moderately
	3 = A lot
	4 = Extremely
Variable ID:	OCI_Q32
Variable:	Question 32 of OCI
Definition:	32: I go back to places to make sure that I have not harmed anyone
Supporting Definition:	None

Displayed Value:	32: I go back to places to make sure that I have not harmed anyone
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline Ongoing Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all 1 = A little 2 = Moderately 3 = A lot 4 = Extremely
Variable ID:	OCI_Q33
Variable:	Question 33 of OCI
Definition:	33: I frequently get nasty thoughts and have difficulty getting rid of them
Supporting Definition:	None
Displayed Value:	33: I frequently get nasty thoughts and have difficulty getting rid of them
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline Ongoing Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all 1 = A little 2 = Moderately 3 = A lot 4 = Extremely
Variable ID:	OCI_Q34
Variable:	Question 34 of OCI
Definition:	34: I avoid throwing things away because I am afraid I might need them later
Supporting Definition:	None
Displayed Value:	34: I avoid throwing things away because I am afraid I might need them later
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline Ongoing Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all 1 = A little 2 = Moderately 3 = A lot 4 = Extremely
Variable ID:	OCI_Q35
Variable:	Question 35 of OCI
Definition:	35: I get upset if others have changed the way I have arranged my things
Supporting Definition:	None

Displayed Value:	35: I get upset if others have changed the way I have arranged my things
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all
	1 = A little
	2 = Moderately
	3 = A lot
	4 = Extremely
Variable ID:	OCI_Q36
Variable:	Question 36 of OCI
Definition:	36: I feel that I must repeat certain words or phrases in my mind I order to wipe out bad thoughts, feelings or actions
Supporting Definition:	None
Displayed Value:	36: I feel that I must repeat certain words or phrases in my mind I order to wipe out bad thoughts, feelings or actions
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all
	1 = A little
	2 = Moderately
	3 = A lot
	4 = Extremely
Variable ID:	OCI_Q37
Variable:	Question 37 of OCI
Definition:	37: After I have done things, I have persistent doubts about whether I really did them
Supporting Definition:	None
Displayed Value:	37: After I have done things, I have persistent doubts about whether I really did them
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline
	Ongoing
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all
	1 = A little
	2 = Moderately
	3 = A lot
	4 = Extremely

Variable ID:	OCI_Q38
Variable:	Question 38 of OCI
Definition:	38: I sometimes have to wash or clean myself simply because I feel contaminated
Supporting Definition:	None
Displayed Value:	38: I sometimes have to wash or clean myself simply because I feel contaminated
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline Ongoing Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all 1 = A little 2 = Moderately 3 = A lot 4 = Extremely
Variable ID:	OCI_Q39
Variable:	Question 39 of OCI
Definition:	39: I feel that there are good and bad numbers
Supporting Definition:	None
Displayed Value:	39: I feel that there are good and bad numbers
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline Ongoing Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all 1 = A little 2 = Moderately 3 = A lot 4 = Extremely
Variable ID:	OCI_Q40
Variable:	Question 40 of OCI
Definition:	40: I repeatedly check anything that might cause a fire
Supporting Definition:	None
Displayed Value:	40: I repeatedly check anything that might cause a fire
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline Ongoing Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all 1 = A little 2 = Moderately 3 = A lot 4 = Extremely

Variable ID:	OCI_Q41
Variable:	Question 41 of OCI
Definition:	41: Even when I do something very carefully I feel that it is not quite right
Supporting Definition:	None
Displayed Value:	41: Even when I do something very carefully I feel that it is not quite right
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline Ongoing Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all 1 = A little 2 = Moderately 3 = A lot 4 = Extremely
Variable ID:	OCI_Q42
Variable:	Question 42 of OCI
Definition:	42: I wash my hands more often, or for longer than necessary
Supporting Definition:	None
Displayed Value:	42: I wash my hands more often, or for longer than necessary
Inclusion Criteria:	Patients with obsessive-compulsive disorder
Timing:	Baseline Ongoing Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all 1 = A little 2 = Moderately 3 = A lot 4 = Extremely

Functioning

Variable ID:	WHODAS_Q01
Variable:	Question 1 of WHODAS 2.0
Definition:	This questionnaire asks about difficulties due to health conditions. Health conditions include diseases or illnesses, other health problems that may be short or long lasting, injuries, mental or emotional problems, and problems with alcohol or drugs. Think back over the past 30 days and answer these questions, thinking about how much difficulty you had doing the following activities. For each question, please select only one response. In the past 30 days, how much difficulty did you have in: S1: Standing for long periods such as 30 minutes?
Supporting Definition:	None
Displayed Value:	This questionnaire asks about difficulties due to health conditions. Health conditions include diseases or illnesses, other health problems that may be short or

	long lasting, injuries, mental or emotional problems, and problems with alcohol or drugs. Think back over the past 30 days and answer these questions, thinking about how much difficulty you had doing the following activities. For each question, please select only one response. In the past 30 days, how much difficulty did you have in: S1: Standing for long periods such as 30 minutes?
Inclusion Criteria:	All patients
Timing:	Baseline Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = None 1 = Mild 2 = Moderate 3 = Severe 4 = Extreme or cannot do
Variable ID:	WHODAS_Q02
Variable:	Question 2 of WHODAS 2.0
Definition:	S2: Taking care of your household responsibilities?
Supporting Definition:	None
Displayed Value:	S2: Taking care of your household responsibilities?
Inclusion Criteria:	All patients
Timing:	Baseline Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = None 1 = Mild 2 = Moderate 3 = Severe 4 = Extreme or cannot do
Variable ID:	WHODAS_Q03
Variable:	Question 3 of WHODAS 2.0
Definition:	S3: Learning a new task, for example, learning how to get to a new place?
Supporting Definition:	None
Displayed Value:	S3: Learning a new task, for example, learning how to get to a new place?
Inclusion Criteria:	All patients
Timing:	Baseline Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = None 1 = Mild 2 = Moderate 3 = Severe 4 = Extreme or cannot do

Variable ID:	WHODAS_Q04
Variable:	Question 4 of WHODAS 2.0
Definition:	S4: How much of a problem did you have joining in community activities (for example, festivities, religious or other activities) in the same way as anyone else can?
Supporting Definition:	None
Displayed Value:	S4: How much of a problem did you have joining in community activities (for example, festivities, religious or other activities) in the same way as anyone else can?
Inclusion Criteria:	All patients
Timing:	Baseline Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = None 1 = Mild 2 = Moderate 3 = Severe 4 = Extreme or cannot do
Variable ID:	WHODAS_Q05
Variable:	Question 5 of WHODAS 2.0
Definition:	S5: How much have you been emotionally affected by your health problems?
Supporting Definition:	None
Displayed Value:	S5: How much have you been emotionally affected by your health problems?
Inclusion Criteria:	All patients
Timing:	Baseline Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = None 1 = Mild 2 = Moderate 3 = Severe 4 = Extreme or cannot do
Variable ID:	WHODAS_Q06
Variable:	Question 6 of WHODAS 2.0
Definition:	S6: Concentrating on doing something for ten minutes?
Supporting Definition:	None
Displayed Value:	S6: Concentrating on doing something for ten minutes?
Inclusion Criteria:	All patients
Timing:	Baseline Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = None 1 = Mild 2 = Moderate

	3 = Severe
	4 = Extreme or cannot do
Variable ID:	WHODAS_Q07
Variable:	Question 7 of WHODAS 2.0
Definition:	S7: Walking a long distance such as a kilometer [or equivalent]?
Supporting Definition:	None
Displayed Value:	S7: Walking a long distance such as a kilometer [or equivalent]?
Inclusion Criteria:	All patients
Timing:	Baseline
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = None
	1 = Mild
	2 = Moderate
	3 = Severe
	4 = Extreme or cannot do
Variable ID:	WHODAS_Q08
Variable:	Question 8 of WHODAS 2.0
Definition:	S8: Washing your whole body?
Supporting Definition:	None
Displayed Value:	S8: Washing your whole body?
Inclusion Criteria:	All patients
Timing:	Baseline
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = None
	1 = Mild
	2 = Moderate
	3 = Severe
	4 = Extreme or cannot do
Variable ID:	WHODAS_Q09
Variable:	Question 9 of WHODAS 2.0
Definition:	S9: Getting dressed?
Supporting Definition:	None
Displayed Value:	S9: Getting dressed?
Inclusion Criteria:	All patients
Timing:	Baseline
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = None
	1 = Mild
	2 = Moderate
	3 = Severe
	4 = Extreme or cannot do
Variable ID:	WHODAS_Q10

Variable:	Question 10 of WHODAS 2.0
Definition:	S10: Dealing with people you do not know?
Supporting Definition:	None
Displayed Value:	S10: Dealing with people you do not know?
Inclusion Criteria:	All patients
Timing:	Baseline
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = None
	1 = Mild
	2 = Moderate
	3 = Severe
	4 = Extreme or cannot do
Variable ID:	WHODAS_Q11
Variable:	Question 11 of WHODAS 2.0
Definition:	S11: Maintaining a friendship
Supporting Definition:	None
Displayed Value:	S11: Maintaining a friendship
Inclusion Criteria:	All patients
Timing:	Baseline
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = None
	1 = Mild
	2 = Moderate
	3 = Severe
	4 = Extreme or cannot do
Variable ID:	WHODAS_Q12
Variable:	Question 12 of WHODAS 2.0
Definition:	S12: Your day-to-day work?
Supporting Definition:	None
Displayed Value:	S12: Your day-to-day work?
Inclusion Criteria:	All patients
Timing:	Baseline
	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = None
	1 = Mild
	2 = Moderate
	3 = Severe
	4 = Extreme or cannot do
Variable ID:	GLOBASSESS
Variable:	Global assessment
Definition:	Compared with how you were doing one year ago, would you say that now you are _____?

Supporting Definition:	None
Displayed Value:	Compared with how you were doing one year ago, would you say that now you are _____?
Inclusion Criteria:	All patients
Timing:	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	1 = Much worse
	2 = A little worse
	3 = About the same
	4 = A little better
	5 = Much better

Recovery Speed & Health Sustainability

Variable ID:	ABSENT
Variable:	Disease-related absenteeism
Definition:	How many working days have you missed within the last month due to illness?
Supporting Definition:	None
Displayed Value:	How many working days have you missed within the last month due to illness?
Inclusion Criteria:	All patients
Timing:	Baseline
	Annually
Data Source:	Patient-reported
Type:	Numerical value
Value Domain:	Quantity
Response Options:	Numerical value of number of days
Variable ID:	TREATWORK
Variable:	Overall success of treatment
Definition:	Has the treatment of your depression or anxiety over the last year been successful?
Supporting Definition:	None
Displayed Value:	Has the treatment of your depression or anxiety over the last year been successful?
Inclusion Criteria:	All patients
Timing:	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all successful
	1 = Somewhat successful
	2 = Moderately successful
	3 = Very successful
Variable ID:	EPIANN
Variable:	Recurrence of depression
Definition:	Have you experienced any episodes of depression within the last year?
Supporting Definition:	None
Displayed Value:	Have you experienced any episodes of depression within the last year?
Inclusion Criteria:	All patients
Timing:	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code

Response Options:	0 = I experienced no episodes
	1 = I had one episode
	2 = I had several episodes
	3 = My symptoms of depression do not occur in episodes
Variable ID:	OUTEXPECANN
Variable:	Patient's outcome expectancy
Definition:	If you are currently undergoing therapy, how successful do you think your current therapy will be in reducing your symptoms in the future?
Supporting Definition:	None
Displayed Value:	If you are currently undergoing therapy, how successful do you think your current therapy will be in reducing your symptoms in the future?
Inclusion Criteria:	All patients
Timing:	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = Not at all successful
	1 = Somewhat successful
	2 = Moderately successful
	3 = Very successful

Other

Variable ID:	MEDSE_Q01
Variable:	Medication side-effects
Definition:	Did you experience any side-effects from the medication?
Supporting Definition:	None
Displayed Value:	Did you experience any side-effects from the medication?
Inclusion Criteria:	All patients
Timing:	Baseline
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = No
	1 = Yes
Variable ID:	MEDSE_Q02
Variable:	Type of medication side-effects
Definition:	If yes, please indicate which side-effects you experienced
Supporting Definition:	None
Displayed Value:	If yes, please indicate which side-effects you experienced
Inclusion Criteria:	All patients
	If answered "1= Yes" to MEDSE_Q01
Timing:	Baseline
Data Source:	Patient-reported
Type:	Multiple answer
	Select all that apply
	In the case that more than one side-effect is selected, split each response with a ';'
Value Domain:	Code
Response Options:	1 = Weight gain
	2 = Sexual dysfunction
	3 = Sleep disturbances
	4 = Dry mouth

	5 = Drowsiness/sedation
	6 = Cardiovascular side-effects (For example palpitations)
	7 = Gastrointestinal side-effects (For example diarrhea, nausea, vomiting)
	888 = Other (indicate what kind of side-effect)
Variable ID:	MEDSE_Q02OTHER
Variable:	Type of medication side-effect other than those explicitly listed
Definition:	Please indicate the side-effect you have experienced
Supporting Definition:	None
Displayed Value:	Please indicate the side-effect you have experienced
Inclusion Criteria:	All patients If answered "888= Other" to MEDSE_Q02
Timing:	Baseline
Data Source:	Patient-reported
Type:	Free text
Value Domain:	String
Response Options:	Medication side-effect
Variable ID:	MEDSE_Q01ON
Variable:	Medication side-effects
Definition:	Did you experience any side-effects from the medication during the last two weeks?
Supporting Definition:	None
Displayed Value:	Did you experience any side-effects from the medication during the last two weeks?
Inclusion Criteria:	All patients
Timing:	Ongoing
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = No 1 = Yes
Variable ID:	MEDSE_Q02ON
Variable:	Type of medication side-effects
Definition:	If yes, please indicate which side-effects you experienced during the last two weeks
Supporting Definition:	None
Displayed Value:	If yes, please indicate which side-effects you experienced during the last two weeks
Inclusion Criteria:	All patients If answered "1= Yes" to MEDSE_Q01
Timing:	Ongoing
Data Source:	Patient-reported
Type:	Multiple answer Select all that apply In the case that more than one side-effect is selected, split each response with a ';'
Value Domain:	Code
Response Options:	1 = Weight gain 2 = Sexual dysfunction 3 = Sleep disturbances 4 = Dry mouth 5 = Drowsiness/sedation 6 = Cardiovascular side-effects (For example palpitations)

	7 = Gastrointestinal side-effects (For example diarrhea, nausea, vomiting)
	888 = Other (indicate what kind of side-effect)
Variable ID:	MEDSE_Q02OTHERON
Variable:	Type of medication side-effect other than those explicitly listed
Definition:	Please indicate the side-effect you have experienced during the last two weeks
Supporting Definition:	None
Displayed Value:	Please indicate the side-effect you have experienced during the last two weeks
Inclusion Criteria:	All patients
	If answered "888= Other" to MEDSE_Q02
Timing:	Ongoing
Data Source:	Patient-reported
Type:	Free text
Value Domain:	String
Response Options:	Medication side-effect
Variable ID:	MEDSE_Q01ANN
Variable:	Medication side-effects
Definition:	Did you experience any side-effects from the medication over the last year?
Supporting Definition:	None
Displayed Value:	Did you experience any side-effects from the medication over the last year?
Inclusion Criteria:	All patients
Timing:	Annually
Data Source:	Patient-reported
Type:	Single answer
Value Domain:	Code
Response Options:	0 = No
	1 = Yes
Variable ID:	MEDSE_Q02ANN
Variable:	Type of medication side-effects
Definition:	If yes, please indicate which side-effects you experienced over the last year
Supporting Definition:	None
Displayed Value:	If yes, please indicate which side-effects you experienced over the last year
Inclusion Criteria:	All patients
	If answered "1= Yes" to MEDSE_Q01
Timing:	Annually
Data Source:	Patient-reported
Type:	Multiple answer
	Select all that apply
	In the case that more than one side-effect is selected, split each response with a ';'
Value Domain:	Code
Response Options:	1 = Weight gain
	2 = Sexual dysfunction
	3 = Sleep disturbances
	4 = Dry mouth
	5 = Drowsiness/sedation
	6 = Cardiovascular side-effects (For example palpitations)
	7 = Gastrointestinal side-effects (For example diarrhea, nausea, vomiting)
	888 = Other (indicate what kind of side-effect)
Variable ID:	MEDSE_Q02OTHERANN
Variable:	Type of medication side-effect other than those explicitly listed
Definition:	Please indicate the side-effect you have experienced over the last year
Supporting Definition:	None

Displayed Value:	Please indicate the side-effect you have experienced over the last year
Inclusion Criteria:	All patients
	If answered "888= Other" to MEDSE_Q02
Timing:	Annually
Data Source:	Patient-reported
Type:	Free text
Value Domain:	String
Response Options:	Medication side-effect

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Reference Guide Revisions

Reference Guide Version	Location within Reference Guide	Content Change
2.1	Case-Mix Variables Table	Removed additional explanatory information
2.2	Collecting Case-Mix Variables and Outcomes	Removed information about the Credibility and Expectancy Questionnaire (CEQ)
2.3	Outcomes Table and Data Dictionary	SPIN, MIA, IESR, PDSS-SR and OCI-R surveys made optional for patients with specific anxiety disorders
2.3.1	Contact Information	Removed inactive email address: ichomteam@ichom.org
2.3.2	Collecting Case-Mix Variables and Outcomes	Specified to use the 12-item Instrument for WHODAS 2.0
4.0.0	Data Dictionary, Appendix	Harmonisation updates
4.0.0	Whole Document	Wording change. Replacing 'Standard Sets' to 'Sets of Patient-Centered Outcome Measures'

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