

ICHOM Patient-Centered Outcomes Measure for

HYPERTENSION

IN LOW AND MIDDLE INCOME COUNTRIES

Condition covered: Adults with essential (primary) hypertension

Interventions covered: Pharmacological and non-pharmacological

For a complete overview of this Set, including definitions for each measure, time points for collection, and associated risk factors, visit ichom.org/medical-conditions/



Details

¹ Recorded via the Beliefs about Medicine Questionnaire (BMQ [BMQ-Specific section]).

² Includes physical activity (recommended to track via the International Physical Activity Questionnaire [IPAQ-Short Form]), medication adherence (recommended to track via the Hill-Bone Compliance to High Blood Pressure Therapy Scale - South Africa Version [Medication taking sub-scale]) and salt intake (recommended to track via the WHO STEPS Instrument).

³ Includes survival (overall and cardiovascular), blood pressure control, hypertensive urgencies and hypertensive emergencies, and erectile function (recommended to track via PROMIS single question).

⁴ Includes hospitalization, peripheral artery disease, hypertensive crisis, heart failure, ischaemic heart disease, cerebrovascular disease, atrial fibrillation, and renal disease

⁵ Recommended to track via the EQ-5D.



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HYPERTENSION

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ICHOM Set

CONTRIBUTORS

For more information about the process of developing a Patient-Centered Outcomes Measure, visit ichom.org/how-we-work/

The Sponsor



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